

COVID-19 MOH Update

CURRENT TOPIC, SCENARIOS, AND A COMMUNITY PROFILE

JUNE 18, 2020

QUESTIONS: VCHELP@FNTN.CA

Outline

1. MOH Update – Dr. Wadieh Yacoub & Dr. Chris Sarin
2. Current Topic: Relaunch Update – Simon Sihota
3. Scenarios – Simon Sihota and Christina Smith
4. Community Profile – Dion Napio, Sturgeon Lake Health Director
5. Questions

MOH Update

DR. WADIEH YACOUB, SENIOR MEDICAL OFFICER OF HEALTH

DR. CHRIS SARIN, DEPUTY MEDICAL OFFICER OF HEALTH

QUESTIONS: VCHELP@FNTN.CA

Reminder - Privacy

- All information related to an individual who is or was infected with a communicable disease shall be treated as private and confidential
- No information shall be published, released or disclosed in any manner that would be detrimental to the personal interest, reputation or privacy of that individual.

Current Situation (as of June 17)

The **global** numbers:

- 8 384 043 cases
- 449 695 deaths

The numbers in **Canada**:

- 99 853 cases
- 8 254 deaths

Source: John Hopkins University and Medicine <https://coronavirus.jhu.edu/map.html>
and Public Health Agency of Canada <https://www.canada.ca/en/public-health/services/diseases/2019-novel-coronavirus-infection.html>

Current Situation in Alberta

Overview of COVID-19 in Alberta (as of June 17, 2020):



Interactive Alberta data can be found at: <https://covid19stats.alberta.ca/>

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Current Situation

The numbers across Alberta as of June 17, 2020

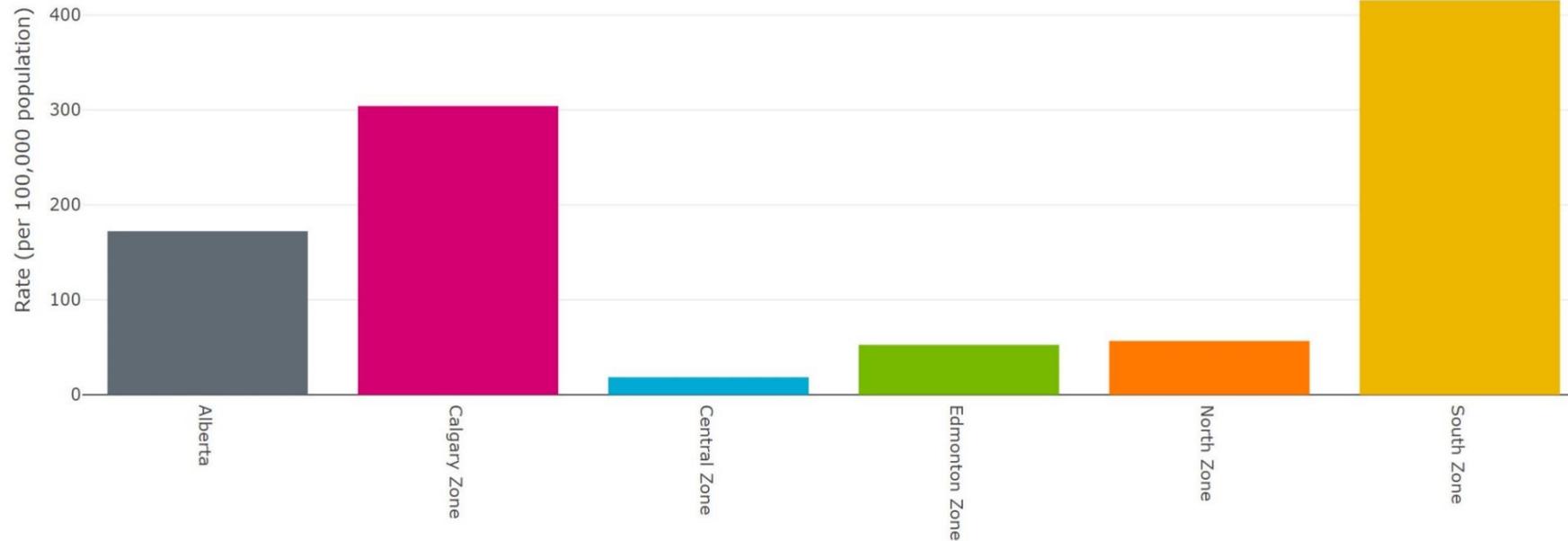
Location	Total Confirmed Cases	Active Cases	In Hospital	In ICU	Deaths
First Nation Communities	71	26	3	2	1
First Nations People in AB*	215	NA	25 (ever)	7 (ever)	4
Calgary Zone	5 126	224	22	4	111
South Zone	1 284	29	1	-	10
Edmonton Zone	747	201	12	2	13
North Zone	272	29	3	1	16
Central Zone	88	2	-	-	1
Unknown	13	1	-	-	-
TOTAL	7 530	486	38	7	151

* Note the increase of active cases in Edmonton is approaching the number of active cases in Calgary

* Includes on and off reserve

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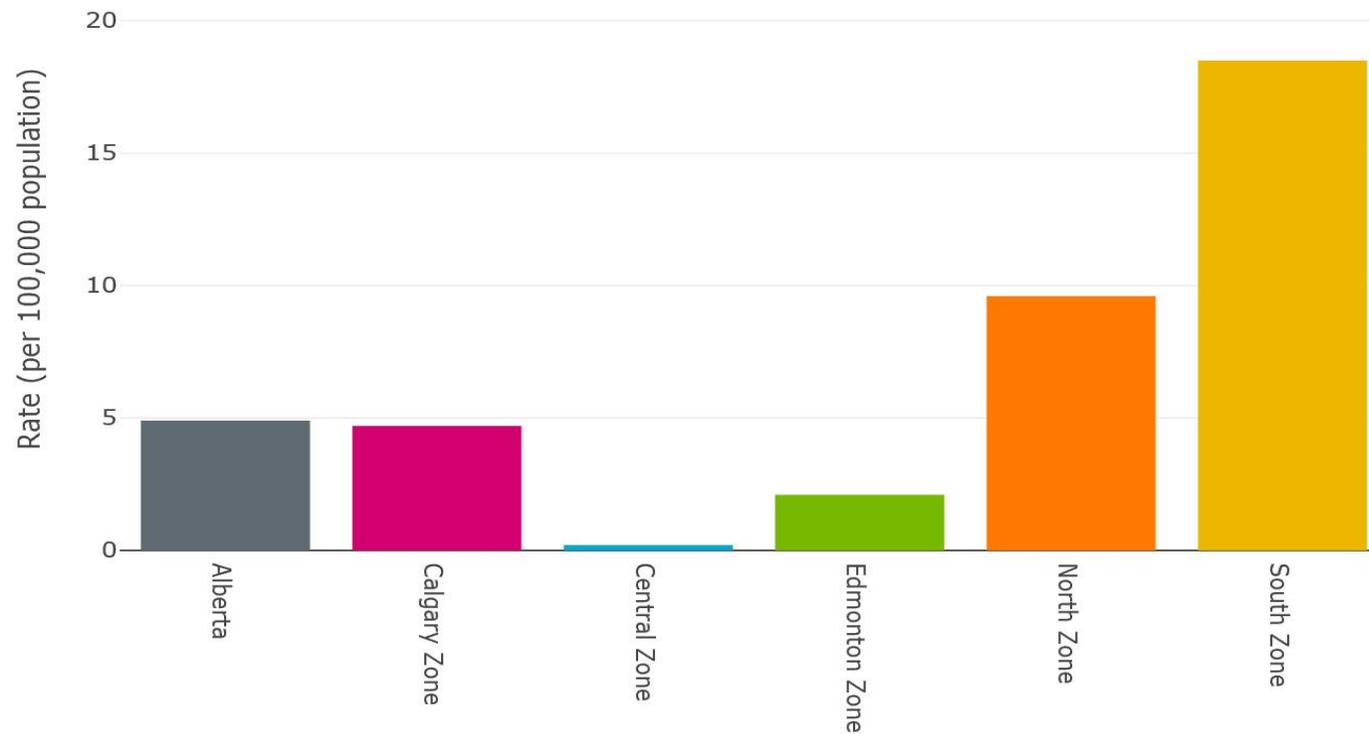
Rate of COVID-19 cases (per 100,000 population) in Alberta and by zone



Source: AB Health <https://www.alberta.ca/stats/covid-19-alberta-statistics.htm>

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Rate of COVID-19 cases (per 100,000 population) in First Nations people and by zone



Source: AB Health <http://www.afnigc.ca/main/index.php?id=home>

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Alberta COVID-19 Testing Criteria

Testing is available to:

- any person without symptoms who wants to be tested.
- The following groups will continue to receive priority for testing:
 - any person exhibiting any symptom of COVID-19
 - all close contacts of confirmed COVID-19 cases
 - all workers and/or residents at specific outbreak sites
 - all workers and residents at long-term care and level 4 supportive living facilities
 - all patients admitted to continuing care or transferred between continuing care and hospital settings

Online self assessment: <https://myhealth.alberta.ca/Journey/COVID-19/Pages/COVID-Self-Assessment.aspx>

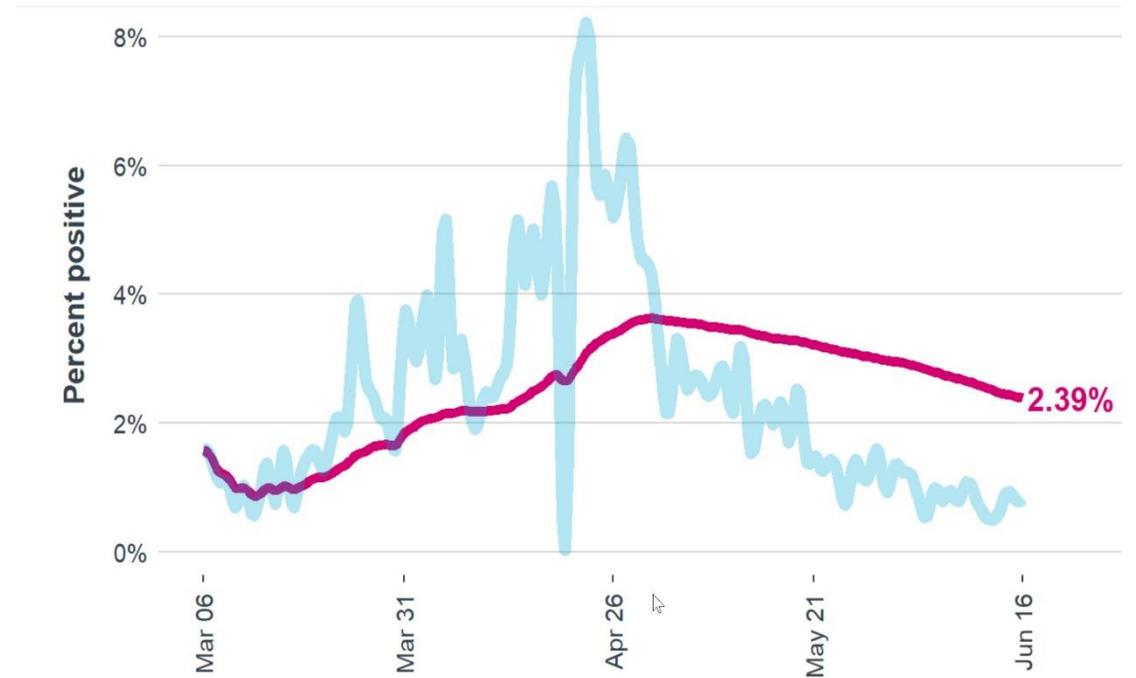
Online self assessment for HCWs/Shelter Workers/Enforcement/First Responders: <https://myhealth.alberta.ca/Journey/COVID-19/Pages/HWAssessLanding.aspx>

COVID-19 Testing

As of June 17, 318 276 people have been tested in Alberta.

Calgary Zone has completed 46% of the tests.

Overall provincial trend continues to decline for the percent positive tests.



Source: AB Health <https://www.alberta.ca/stats/covid-19-alberta-statistics.htm>

Cumulative and daily test positivity rate for COVID-19 in Alberta.

COVID-19 Testing Data (up to June 14): First Nations Communities in Alberta

44

Communities Reporting
Data

43

Communities doing
testing

1

Communities not reporting
data

5202

Number of swabs in stock

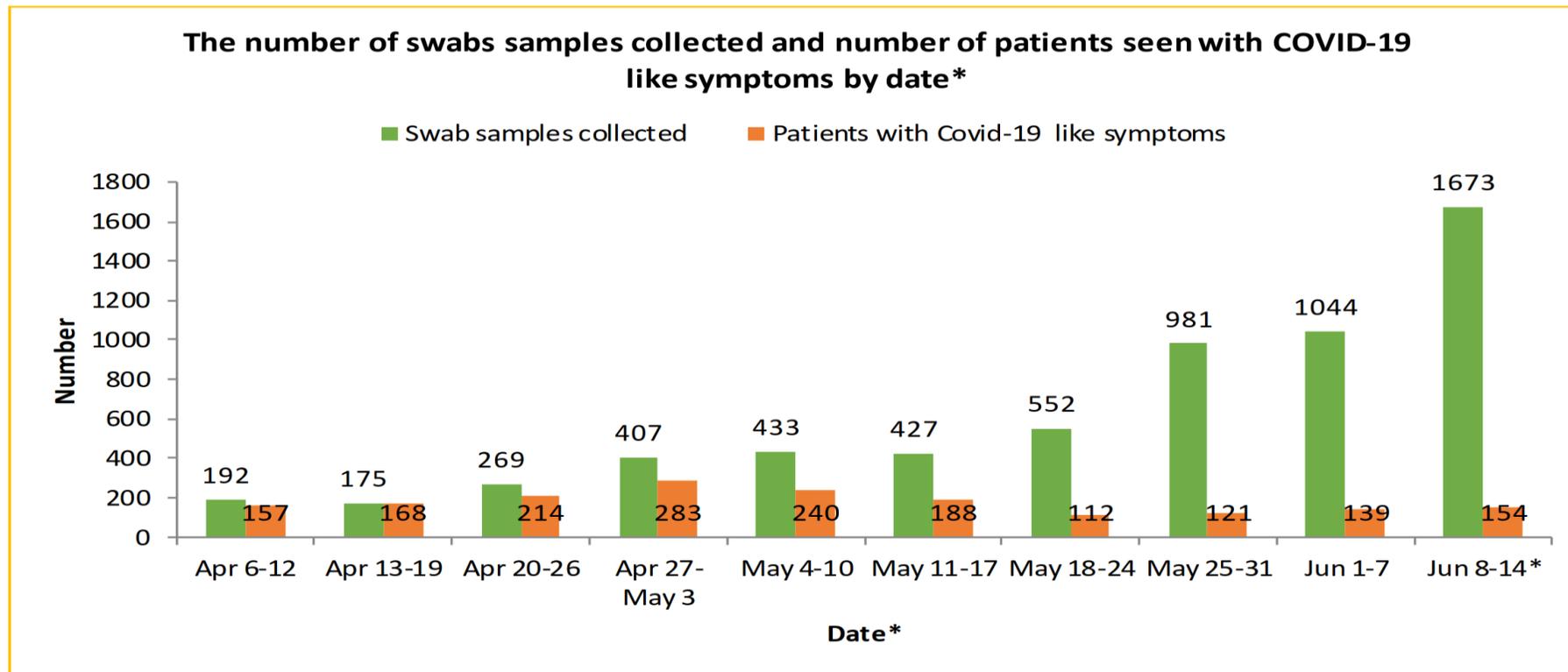
6153

Number of swab samples
collected to date

1776

Patients seen with COVID-19
like symptoms to date

First Nation Communities - number of swabs samples collected and number of patients seen with COVID-19 like symptoms by date*



*Include 483 swabs where number of asymptomatic clients was not identified

State of Public Health Emergency in Alberta Lapsed

On June 15, 2020 the Health Minister of Alberta announced the State of Public Health Emergency has lapsed.

- The State of Public Health Emergency allowed the Province to respond to the pandemic and prevent the spread of the COVID -19 infection
- Most public health measures were taken under the regular authority of the *Public Health Act*
- The lapse of the State of Public Health Emergency **does not** remove or impact existing orders that the Chief Medical Officer of Health has put in place
- The lapse of the State of Public Health Emergency **does not** impact new or additional public health orders that may need to be issued in the future

Approach to Public Health Orders

ISC CDC will send out an algorithm to assist community nursing staff with understanding the approach to individuals that are not complying with isolation orders.

FNIHB Monitoring Metrics

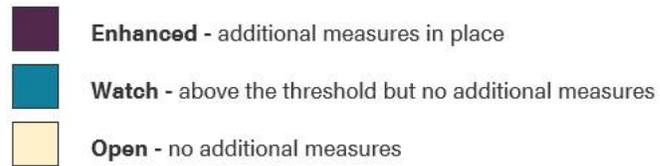
Relaunch depends on our ability to keep infection numbers low.

Health measures FNIHB is watching include:

- COVID-19 in counties including First Nations: <50 active cases per 100,000
- Hospitalization rates
- ICU admission rates
- Testing and Monitoring

Relaunch Status Map

The COVID-19 status map shows the level of risk in regions and information about local health measures. It also shows the rate of COVID-19 cases and the number of active cases.



June 17, 2020



Geographies include metropolitan areas, cities, urban service areas, and towns with over 10,000 people. Regions with at least 10 active cases and a rate of over 50 active cases per 100,000 population are considered above threshold. Some regions based upon active case and rates have additional public health restrictions and are labelled respectively.

Source: AB Health <https://www.alberta.ca/maps/covid-19-status-map.htm>

Relaunch Update

SIMON SIHOTA, REGIONAL ENVIRONMENTAL HEALTH MANAGER

QUESTIONS: VCHELP@FNTN.CA

Alberta's Relaunch Strategy

Stage 2 of the Relaunch Strategy allowed additional businesses and services to re-open starting **June 12**, with 2 metre physical distancing requirements and other public health guidelines in place.

The following facilities are allowed to open with restrictions:

- K-12 schools, for diploma exams and summer school
- Libraries
- Personal services (esthetics, cosmetics skin and body treatments, manicures, pedicures, waxing, facial treatments, artificial tanning)
- Wellness services such as massage, acupuncture and reflexology
- Indoor recreation, fitness and sports, including gyms and arenas
- Bingo halls and casinos (no table games)
- Provincial campgrounds at full capacity

For the complete list, see <https://www.alberta.ca/alberta-relaunch-strategy.aspx>

Guidance Documents to Support Relaunch

Alberta Health has added and updated Guidance Documents to support businesses re-opening.

This includes guidance for:

- Office Buildings
- Seniors Centres and Seniors serving Organizations
- Sports, Physical Activity, and Recreation
- Food Catering
- Restaurants, cafes, pubs, and bars
- Bingo Halls
- Casinos and racing centres

Guidance documents can be found at Alberta Biz Connect: <https://www.alberta.ca/biz-connect.aspx>

Additional Guidance Documents Available

- General Relaunch Guidance
- Multi-family dwellings, condos, and apartment buildings
- Grocery stores
- Outdoor events
- Places of Worship
- Personal Services
- Wellness Services
- Swimming pools and whirlpools
- Campgrounds
- Industrial Work Camps
- Libraries
- Warehouses
- Spray parks and wading pools
- Indoor entertainment recreation
- Daycare and out of school care
- Day camps
- Campgrounds
- Hair Salons and Barbershops
- Preschools
- Family Day Homes

Guidance Documents to Support Relaunch

The guidance documents:

- Support owners and operators of businesses in reducing the risk of transmission of COVID-19 among attendees (including participants, staff, volunteers, participants and the general public)
- Outline the public health and infection prevention and control measures that are specific to a particular business or building
- The documents and the guidance within them is subject to change and are updated as needed

Guidance documents can be found at Alberta Biz Connect: <https://www.alberta.ca/biz-connect.aspx>

Alberta's Relaunch Strategy

Stage 2 of the Relaunch Strategy **allows for more flexibility for 'cohort' groups** – small groups of people whose members do not always keep 2 metres apart:

- Households can increase their close interactions with other households to a maximum of 15 people
- Performers can have a cohort of up to 50 people (cast members or performers)
- Sports teams can play in region-only cohorts of up to 50 players (mini leagues)
- People can be part of a sports/performing cohort and a household cohort at the same time

Alberta's Relaunch Strategy

- Activities that are not allowed in Stage 2 include:
 - major arts festivals, sporting events, and tournaments
 - agricultural fairs and rodeos
 - indoor social gatherings with more than 50 people (including weddings, funeral receptions, and birthday parties)
 - outdoor social gatherings with more than 100 people (including wedding and funeral ceremonies)
 - amusement parks and indoor children's play places
 - vocal concerts (as singing carries a high-risk of transmission)
 - industry conferences and trade shows

Scenarios

SIMON SIHOTA, REGIONAL ENVIRONMENTAL HEALTH MANAGER

CHRISTINA SMITH, CDC NURSE MANAGER

QUESTIONS: VCHELP@FNTN.CA

Scenario #1

An individual who attended a cultural event in a neighbouring community develops symptoms and tests positive for COVID-19. We know contact tracing after an event can be problematic.

What are some measures that Organizers can take to support contact tracing efforts?

Scenario #1 -Discussion

Advise participants that following attendance they should:

- Monitor themselves for symptoms (sore throat, cough and fever etc.)
- Self-isolate for 14 days and,
- get tested as mentioned by our CMOH.

Participants can be encouraged to download the ABTraceTogether mobile contact tracing app that will help to let you know if you've been exposed to COVID-19 or if you've exposed others – while protecting your privacy.

Further information can be found on the Alberta Health website at <https://www.alberta.ca/ab-trace-together.aspx>

Scenario #1

To support public health contact tracing efforts, organizers should consider collecting the names and contact information of attendees.

Keep in mind:

- Providing information is voluntary for attendees. An organization must obtain an individual's consent and notify them about the purpose and legal authority for the collection.
- Information about attendees will only be requested by if a potential exposure occurs onsite.
- For businesses/workplaces, this includes staff, workers and volunteers on shift. Where feasible to do so, and particularly for personal services and group events, it should also include patrons/customers/the general public.
- Records should only be kept for 2 weeks.
- Any personal information that is collected for COVID-19 contact tracing can only be used for this purpose, unless an individual provides their consent.

For further information FNIHB staff (MOH, Environmental Public Health Officers) can provide guidance when planning these events.

Scenario #2

George was a contact of a case and was required to quarantine for 14 days. He was tested at the start of his quarantine and was negative for COVID-19.

During the 14 days quarantine, George developed a fever and began to cough.

The CHN retested George on Day 6 of his quarantine and his test came back positive for COVID-19.

George was required to isolate for 10 days, starting from when his symptoms developed.

George completed his isolation.

Would George ever need to be tested for COVID-19 again?

If George is a HCW

HCW who is a previously confirmed COVID-19 case and has recovered from illness, should NOT be re-tested for COVID-19 if they are asymptomatic.

A detailed symptom inquiry should be performed to determine whether the person is symptomatic before re-testing.

It is recommended that a HCW who has recovered from previous infection should ONLY be re-tested if they have new onset of COVID-19 compatible symptoms.

If deciding to re-test, testing for both COVID-19 and respiratory pathogen panel (RPP) should be done.

If COVID-19 testing is inadvertently done again, contact the CDC Team. The Testing and Management of Previously Lab Confirmed Case (HCW) section in the Public Health Disease Management Guidelines will be reviewed and the MOH will be consulted.

If George is a HCW (con't)

No additional isolation requirements are required for a previously confirmed COVID19 case (HCW) who has recovered from their illness and completed their isolation period, AND who during their isolation period had continuous/ongoing close contact with a lab confirmed case of COVID-19 (e.g., household contact).

Out of an abundance of caution, if a previously lab-confirmed COVID-19 case (HCW) who has recovered from illness and completed their period of isolation is exposed to a lab confirmed COVID-19 case AFTER isolation, they must observe the appropriate isolation requirements related to being a close contact with a lab-confirmed COVID-19 case.

If George is not a HCW

It is recommended that any previously lab-confirmed COVID-19 case who has recovered from illness should NOT be re-tested if they are asymptomatic.

However, if the person is re-tested, a detailed symptom inquiry should be performed to determine whether the person is truly symptomatic.

If testing is inadvertently done, contact the CDC Team. The Testing and Management of Previously Lab Confirmed Case (non-HCW) section in the Public Health Disease Management Guidelines will be reviewed and the MOH will be consulted.

The management of a non-HCW that has been inadvertently tested will depend on:

- whether the individual is asymptomatic or symptomatic
- whether the previous positive result was more or less than 30 days ago

If George is Being Admitted to a Facility

All new residents admitted to a facility (lodge, group home, long-term care) should be offered tested regardless of symptoms.

Residents returning to a facility for non-COVID-19 illnesses are also recommended to be tested regardless of symptoms.

The testing recommendations of residents will be determined:

- Whether the previous COVID-19 test result was positive or negative
- Whether the previous test was done less or more than 30 days ago

Discussion

Usually, retesting of individuals who have tested positive is NOT indicated.

Retesting individuals is NOT required to lift isolation.

If someone is retested inadvertently, the Public Health Disease Management Guidelines will be used to determine the management.

Community COVID-19 Response Profile – Sturgeon Lake Cree Nation

DION NAPIO – HEALTH DIRECTOR, STURGEON LAKE CREE NATION

QUESTIONS: VCHELP@FNTN.CA

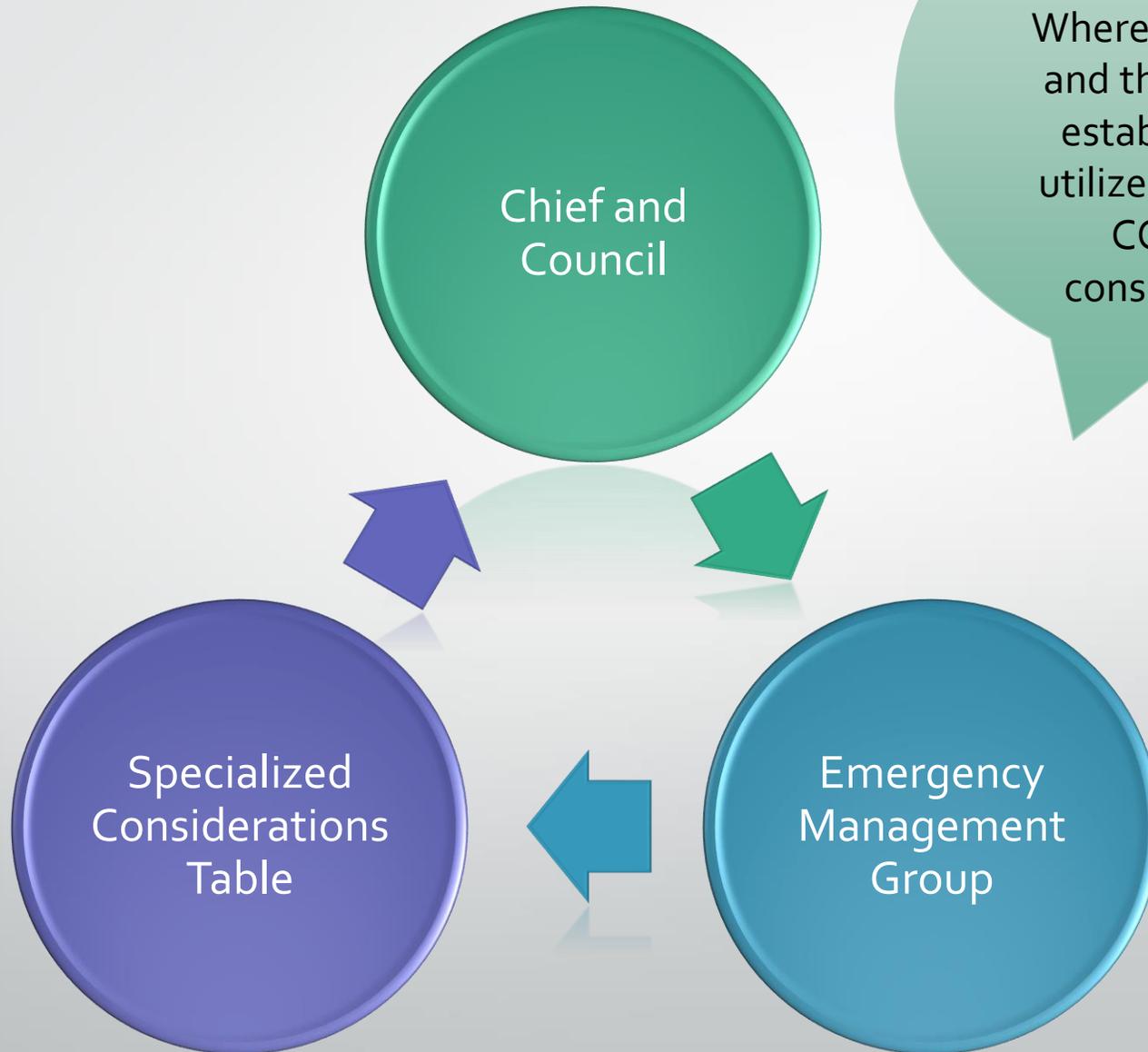


Sturgeon Lake Cree Nation

Community Profile: COVID-19 Response



Pandemic Organizational Structure



S.O.L.E activated on March 22, 2020. Whereby, the EMG and the SCT were established and utilized to plan for COVID-19 considerations.



Community Safety

☐ Community Access

- Established all access routes in SLCN: 23 access areas; in addition, main highway (Highway 43) and provincial roads on reserve, including provincial park.
- Partnerships with the MD of Greenview and Alberta Transportation to coordinate road accesses.
- Card system design: Includes verified community members and house numbers for members. As well as MD Greenview residents and employees card access.

☐ Community Night-watchmen(Security)

- Day and Night security: 12 hours shifts.
- Partnership and mutual aid from local town (Valleyview) for Police, Ambulance, and Fire in conjunction with SLCN emergency services.
- Also worked with other local and regional organizations for any Mental health Related Services.



SLCN Health Centre: Response & Programming

72 Hours Packages (Emergency Supply Kits)

Psychosocial Packages

SLCN Youth Resiliency and Empowerment Group

SLCN Adult & Elder Mental Wellness

Testing (Drive Thru & Home Testing)

SLCN Health Center & SLCN Administration Page (Information)

Isolation Centre (Community Hall & Arena)



Community Packages

72 Hour Emergency Packages

- Hand Soap
- Hand Sanitizer
- Non-Latex Gloves
- Portable Water Jug
- Flashlight with Battery
- Candles with Matches
- Canned Food
- Garbage Bags
- Masks
- Emergency Blanket

Psychosocial Packages

- Puzzles
- Crosswords
- Notepads & Journals
- Card Games
- Activity Books
- Crayons
- Coloring Books
- Mental Health Resources



SLCN Health Centre Programming

Youth Resiliency and Empowerment Group

- Facebook Platform
- 110 Members
- 8 Week Program Theme Week Based
- Support, Empowerment, Influence and Expectations, Constructive Use of Time, Commitment to Learning, Positive Values, Social competencies, and Positive Identity

Adult and Elder Mental Wellness Group

- Facebook Platform
- 500 Members
- 8 Week Program Theme Week Based
- Family/Friends Time, Hobbies, Physical & Active Health, Volunteering, Self-Care, Good Deeds, Reach to out to someone, share a Worldview.



Community Testing

Symptomatic

- Drive-Thru (Nasal & Mouth Swab)
- Home Testing (If requested, had difficulty with mobility or immuno-comprised)
- Appointment based to secure proper Donning & Doffing Procedures.

Asymptomatic

- Recent, Drive-Thru (Mouth Swab)
- Tent Set-up.
- Home-Testing (If Requested, had difficulty with mobility or immuno-comprised)



Information Distribution

- ✓ SLCN Administration Facebook Page & Website
- ✓ SLCN Health Centre Facebook Page & Website



Isolation Centre

Community Hall & Arena

Currently awaiting for Capital and Operational Approval



SLCN SAYS
THANK YOU!!!



TO ALL OF THE HEALTH CENTRE AND ESSENTIAL
SERVICES IN EVERY FIRST NATION PROVINCE
AND CANADA WIDE.

Is there a topic you would like to hear about at the next session?

PLEASE LET US KNOW!

EMAIL: VCHELP@FNTN.CA OR

SAC.CDEMERCENCIESAB-URGENCESTMAB.ISC@CANADA.CA

QUESTIONS: VCHELP@FNTN.CA

Interested in presenting your community's COVID- 19 response/experience?

PLEASE LET US KNOW!

EMAIL: VCHELP@FNTN.CA OR

SAC.CDEMERCENCIESAB-URGENCESTMAB.ISC@CANADA.CA

QUESTIONS: VCHELP@FNTN.CA

Acknowledgments

Dr. Wadieh Yacoub, Senior Medical Officer of Health

Dr. Chris Sarin, Deputy Medical Officer of Health

Simon Sihota, Regional Environmental Health Manager

Christina Smith, CDC Nurse Manager

Dion Napio, Sturgeon Lake Health Director

TSAG Telehealth Team (Michelle Hoerber, Brooke Hames and team)

Questions?

VCHelp@FNTN.CA

QUESTIONS: VCHelp@FNTN.CA