



DECEMBER 4, 2019 1:30PM – 2:30PM **Facts About Food Allergies**

This session is a general overview to Food Allergies from the Nutrition Advisory Team First Nations and Inuit Health Branch

Learning Objectives:

- ✓ What is a Food Allergy
- ✓ Current Allergy Prevention Guidelines
- ✓ How to Manage some of the most common allergies (including label reading)



Speaker Info:

Amy Angus, Dietitian First Nations and Inuit Health Branch

The First Nations and Inuit Health Branch supports the delivery of public health and health promotion services on-reserve and in Inuit communities. It also provides drug, dental and ancillary health services to First Nations and Inuit people regardless of residence

The Session will be recorded and accessible on
www.fntn.ca

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WILL BE MADE
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