



# **DIABETES 101 SERIES**

## **DIABETES IN SPECIAL POPULATIONS: DIABETES IN PREGNANCY 101**

**MAY 15, 2019**  
**13:30 – 15:00**

The eighth session of Diabetes 101 looks at diabetes in a special population – pregnant women.

### **Learning Outcomes**

1. Understand the different types of diabetes in pregnancy
2. Understand how to manage diabetes in pregnancy
3. Identify strategies to promote a healthy pregnancy and birth
4. Identify strategies to promote healthy Moms and children after pregnancy
5. Know where to get help.

### **Presenter Information**

Kathleen Gibson RD CDE. Kathleen Gibson is a Registered Dietitian with Indigenous Services Canada. Kathleen has lived with type 1 diabetes for more than 24 years, and is a Certified Diabetes Educator. Some of you may remember her from the time of SLICK! She is passionate about helping other people with diabetes live well and in a good way.

**Previous Sessions:** Have you missed any of the other sessions in the Diabetes 101 series? Visit the Diabetes 101 series page on the FNTN portal. The series page offers quick access to any recorded videos and handouts in the series.

Session 8 of 10 in the  
Diabetes 101 series

To register for this session  
visit the First Nations  
Telehealth Network Portal at  
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This session will be recorded  
and available for future  
viewing on the First Nations  
Telehealth Network Portal

Audio lines and live  
streaming will be available  
for those who cannot attend  
via videoconference

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