

Trauma Information Series



Trauma 101

July 11 2018
10:00 am - Noon

**THIS IS A REPEAT OF THE TRAUMA 101 SESSION ON
MAY 17.**

Join us for the third session in the Trauma Information Series. This session will focus on the different types of trauma for and individual, family, as well as larger community and the impacts across the spectrum of what is defined as “trauma”. Inter-related issues of addictions, family dysfunction, and mental health will be briefly presented. We will discuss evidence-based treatment interventions relating to brain science and briefly review the key principles of trauma-informed care.

Learning Outcomes:

- 1) Understand what “trauma” is
- 2) Learn about the different types of trauma
- 3) Treatment interventions for trauma and a basic understanding of trauma informed care

This session will be presented by Dr. Wanda Polzin from the Little Warriors organization. Dr. Wanda Polzin is currently the Clinical Director at Little Warriors/Be Brave Ranch, a Sexual Abuse Treatment Centre for Children and Youth. She has extensive clinical and programming experience working with in the field of child and family mental health and addictions as well as child and family services. Her clinical interests are in addressing the needs of complex child and family trauma and attachment, sexual abuse, and complex mental health and addictions. She has specialized training in the areas of evidence-based trauma treatment, Concurrent Addiction and Mental Health, developmental trauma and attachment, as well as FASD.

Trauma Information
Series
Session 4 of 6

PLEASE BE AWARE THAT THIS IS A REPEAT SESSION OF THE TRAUMA 101 SESSION CONDUCTED ON MAY 17. WE ARE OFFERING THIS SESSION AGAIN FOR ANY ONE TO REGISTER. THE INFORMATION WAS PRESENTED ON MAY 17 WILL BE REPEATED HERE.

HOW TO REGISTER— YOU CAN REGISTER FOR THIS SESSION ON THE FIRST NATIONS TELEHEALTH PORTAL (WWW.FIRSTNATIONSTH.CA)

TARGET AUDIENCE— ANYONE WHO IS INTERESTED IN EXPANDING THEIR KNOWLEDGE ABOUT TRAUMA AND THE LITTLE WARRIORS ORGANIZATION.

THIS SESSION WILL BE RECORDED FOR FUTURE VIEWING ON THE FIRST NATIONS TELEHEALTH NETWORK PORTAL

FOR ANY FURTHER QUESTIONS PLEASE CONTACT THE FIRST NATIONS TELEHEALTH NETWORK AT 1-888-999-3356 OR VHELP@FIRSTNATIONSTH.CA