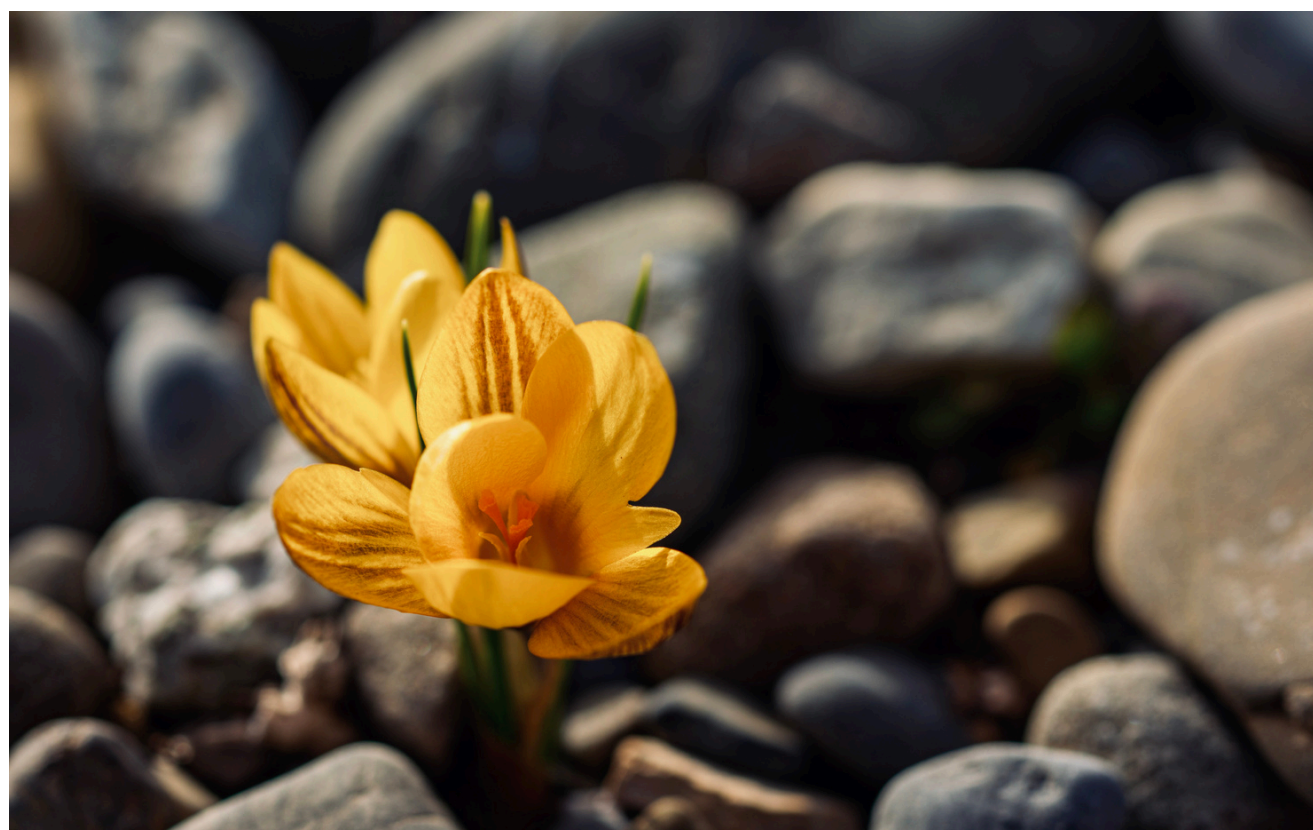


After the Disaster: Community Recovery, Mental Health, and Lasting Resilience

October 15, 2026

10:00-11:30am MT

Climate disasters such as floods and wildfires have lasting impacts on the mental health and well-being of individuals, families, and communities. Drawing on our collaborative work at PolicyWise for Children & Families, we will explore what community recovery journeys could look like in the months and years that follow a disaster. This includes the strengths and relationships a community draws on, the challenges they face, and the lessons learned for building lasting resilience.



Learning Outcomes:

- Common mental health and well-being impacts experienced by individuals, families, and communities in the months and years following climate disasters
- Recognize the role of community-led, culturally responsive approaches in supporting healing and long-term recovery
- Explore promising practices for post-disaster recovery and planning that centre relationships, local knowledge, and community strengths
- Reflect on their stories of community leadership, cultural continuity, and adaptation as sources of resilience

Speakers:

Kiran Gurm, MSc, MPP, Senior Research & Policy Associate, PolicyWise for Children & Families

Maxine Myre, PhD, Senior Research & Policy Associate, PolicyWise for Children & Families



Target Audience: Community organizations and leaders across sectors like health, education, and social services

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