Discover FNTN: Connecting You to Support & Community

Alannah Hanson, Telehealth Education Coordinator, FNTN, TSAG
Email: ahanson@tsag.net

www.fntn.ca

Date: October 6, 2026, at 10:00am MT



Land Acknowledgement

I would like to begin by acknowledging that our work takes place on the historical and contemporary Indigenous lands, including the territories of Treaties 6, 7, & 8, and the Homeland of the Métis. I recognize that myself and many others here today, are beneficiaries of these peace and friendship treaties.

The First Nations Telehealth Network recognizes, honours, and respects the histories, languages, and cultures of the First Nations, Métis, and Inuit who have lived on and cared for these lands for generations, and whose presence continues to enrich our communities.

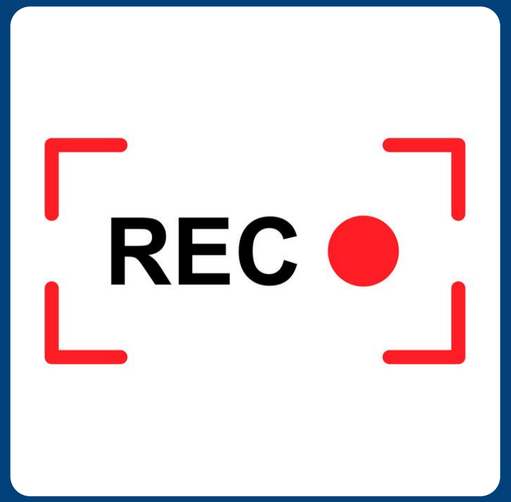
Session Housekeeping



Muted Mics



Q&A



Recording Advisory



Session Survey

Hello & Welcome!

Alannah Hanson

- Born and Raise in Vancouver, BC
- Mixed-Settler (Half European, Half Asian)
- Residing in Edmonton, AB
- Daughter, Sister, Partner, Friend, Niece, Granddaughter
- BAH (Philosophy), Queen's University, Kingston, Ontario
- MA (Philosophy), University of Alberta, Edmonton, Alberta
- Telehealth Education Coordinator, FNTN, TSAG

- Bilingual (English & French)
- Certified 3rd Level Black Belt, Taekwondo, Former Instructor/Coach
- Outdoors, Physical Activities, Sports
- Crafting (Crochet & Knitting)
- Reading
- Music
- Cat-Mom











Agenda

01 About Us

02 FNTN Services Offered

03 Requesting & Registering for a Session

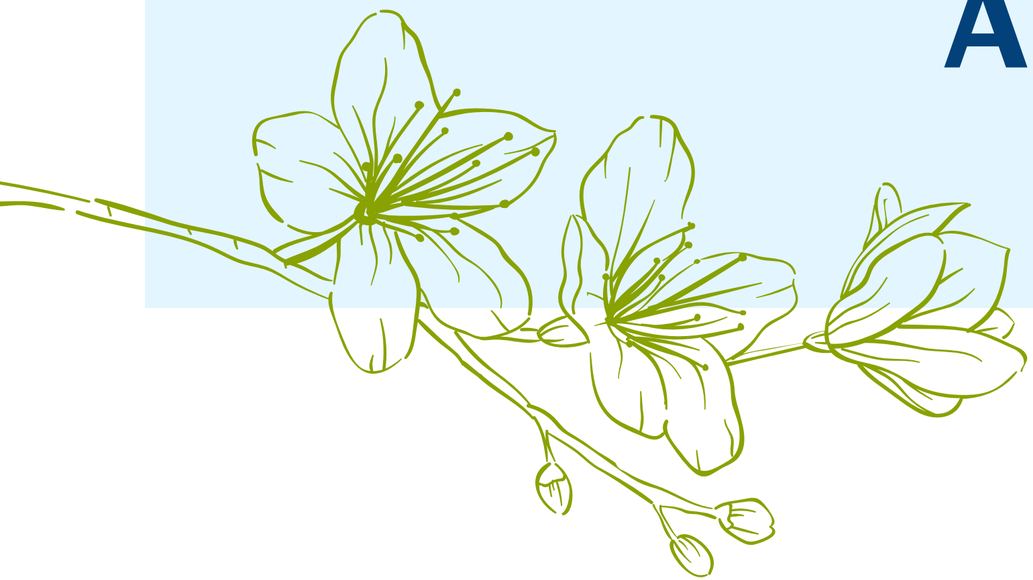
04 Subscribing to FNTN

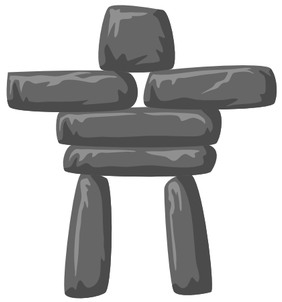
05 What to Expect During Sessions

06 Navigating FNTN Website

07 Hopes, Goals, & Resources

ABOUT US





About Us

TSAG

www.tsag.net

AIVCC

www.aivcc.ca

FNTN

www.fntn.ca



About Us: FNTN

- **Alberta-based**; TSAG Headquarters in Edmonton, Treaty 6
- **Non-Profit Organization**
- Chiefs Steering Committee
- Board of Directors
- 44 Full-Time Employees
- 47 First Nations
- 9 Tribal Councils
- 3 Unaffiliated First Nations



FNTN (TSAG): Values & Operating Principles



Values

1. Integrity
2. Accountability
3. Respect



Operating Principles

1. Fairness
2. Transparency
3. Safety
4. Ethics

About Us: FNTN

Who?

- **E-Health Manager**
  - Oversees the Network
- **Telehealth Education Coordinator**
  - Organizes & Facilitates Online Education Sessions
- **Telehealth Schedular**
  - Books Clinical & Admin Sessions; Communications
- **2 Bridge Technicians**
  - IT Supports, troubleshooting, connecting VC Equipment, and more!



About Us: FNTN

Goal

- **Resource Hub for Indigenous peoples** in AB, & for **those working directly with and supporting Indigenous peoples & communities**
    - I.e., healthcare professionals, mental health professionals, social services professionals, etc.





- Promote **Strong**, **Healthy Communities**

About Us: FNTN

Services Offered

1. **Clinical** Sessions (Doctor Visits, Specialists)



2. **Administrative** Sessions (For healthcare staff; i.e., admin, support, etc.)



3. **Education** Sessions (Open to anyone)



Serivces Offered



Services Offered – Clinical

- **FOR:** Patients
- **PURPOSE:** Reduce commute time & costs, and access to medical care that patients need
- **EXAMPLE:** AIVCC; Physicians using TSAG VC Equipment & Sending us Usage stats



***For more information on clinical telehealth services, please contact your doctor's office to see if they have access to videoconferencing equipment, or contact 1.888.999.3356 or vchelp@fntn.ca to set up.*

***To learn more about AIVCC/Access their services:*

- *Please visit www.aivcc.ca*
- *Call: 1-888-342-4822*
- *Email: info@aivcc.ca*

Services Offered

Administrative

- **FOR:** Healthcare Providers, Healthcare Support Staff, Admin Staff, Etc.
- **PURPOSE:** Reduce commute time & maximize your time effectively & stay productive!
- **EXAMPLE:** ISC-Virtual Connection Circles (i.e., MCH/FASD/CPNP, AHSOR, ADI - AB wide); Invite-Only Education Sessions; Meetings, Training Sessions



- *Please email vchelp@fntn.ca or anyone on the FNTN Team to set it up/learn more about*

Services Offered

Education

FOR: Individuals who identify as an Indigenous Person (First Nations, Métis, and Inuit); Anyone who works directly with and supports Indigenous peoples & communities



PURPOSE: To provide FREE online educational sessions to all sites in our Network (Alberta-wide)



WITH WHO?: Many organizations & individuals!

E.g., ISC, FNIHB, AHS, etc...

TOPICS COVERED?: Lots! Anything Health, Safety, Wellness and Culture related

Services Offered

Education

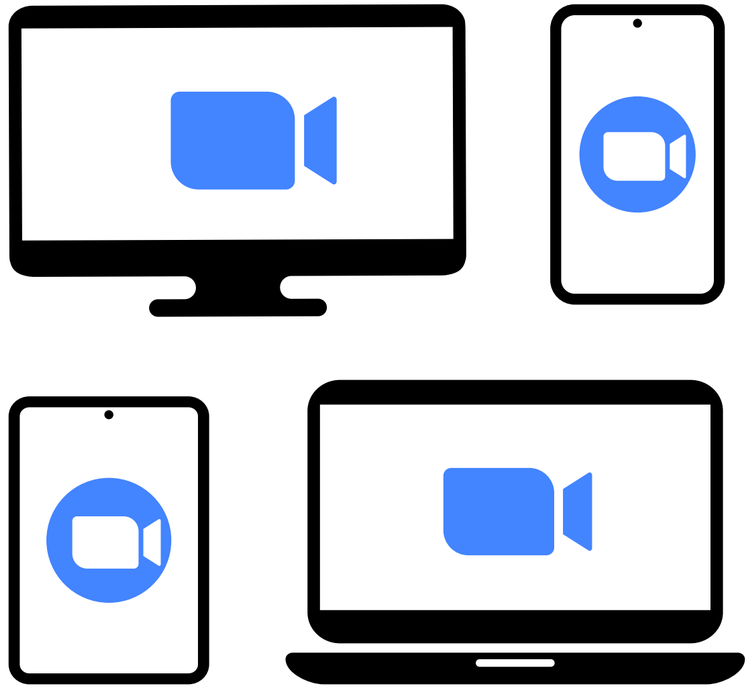
WHO CAN JOIN?: Anyone!

WHERE/HOW: Zoom, Health Centre Videoconferencing (VC) Equipment, Phone Call Dial-In Via Zoom

FORMAT: Zoom Webinar

WHEN: Monday - Friday; 10:00am or 1:30pm MT

HOW LONG?: ~1-1.5 Hours (including Q&A)



Services Offered

Education - General Topics of Sessions

1. Aboriginal/Cultural
2. Addictions
3. Arthritis
4. Asthma/Allergies
5. Brain Injury
6. Cancer
7. Communications
8. Diabetes
9. Emergency Care
10. Ethics
11. FASD
12. Gastro-Intestinal
13. Geriatric
14. Legal
15. Mental Health
16. Miscellaneous
17. Nursing
18. Nutrition
19. Palliative
20. Parenting
21. Pediatric
22. Prenatal/Neonatal
23. Public Health
24. Speech Language Pathology
25. Stroke
26. Well-Being (Mental)
27. Well-Being (Physical)
28. Women’s Health
29. Environmental
30. Abuse/Trauma

Services Offered



Education - Examples of Past Sessions

1. Rooted Kinship: Nurturing Connections to Our Plant Relatives
2. Introduction to Inuit Living in Alberta: Who We Are & What We Need
3. Indigenous Support Line: Walk with Me, Talk with Me, Learn with Me
4. National Addictions Week: Recovery & Sobriety Story Telling
5. Living My Life Honouring the Hoop
6. Realities of Child Exploitation in Alberta
7. Supporting Men with Sexualized Violence and Trauma
8. Programs & Supports within the Otipemisiwak Métis Government
9. Seasonal Immunizations 2025-2026
10. Lies, Myths, & Facts About the Sixties Scoop

~85-90% of Education Sessions are recorded & Uploaded to our website, for further viewing

Services Offered



Examples of Presenters

1. ISC-FNIHB
2. Cancer Care Alberta
3. Indigenous Psychological Services
4. Little Warriors
5. The Family Psychology Place
6. Kids Help Phone (KHP)
7. Aventa: Centre of Excellence for Women with Addictions
8. Sixties Scoop Indigenous Society of Alberta
9. Centre for Sexuality
10. AIVCC
11. First Nations Health Consortium
12. Otipemisiwak Métis Government
13. Independent Contractors, Individuals in Private Practice – i.e., Braden Kadlun, Dr. Gabor Maté, Stephanie Harpe, etc.

How are Sessions Created/Presenters Found?



End-of-Session Surveys



Ready-to-Share Topics/Presentations



Sourcing out/Google Searches



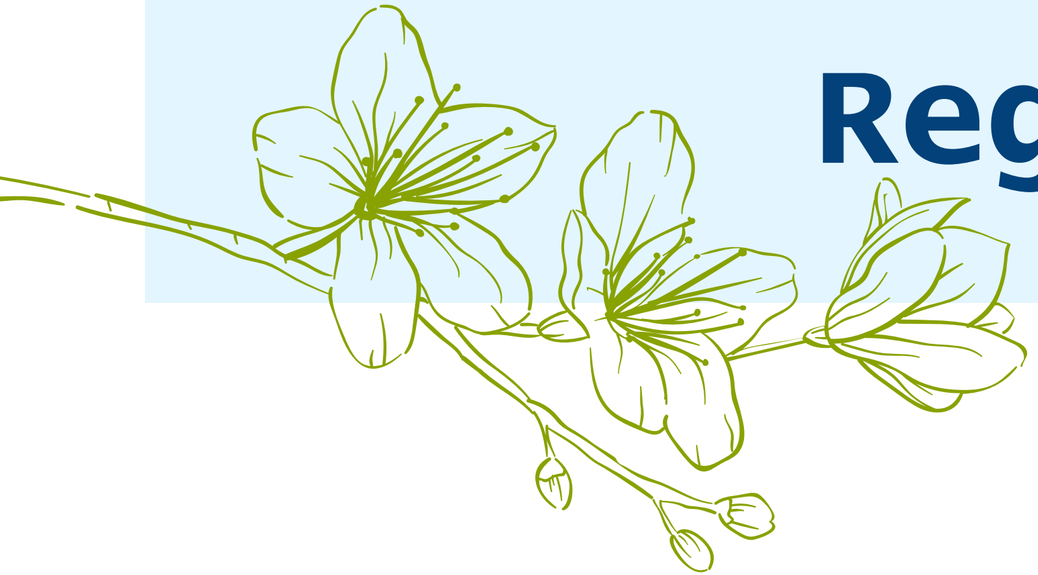
Collaborations

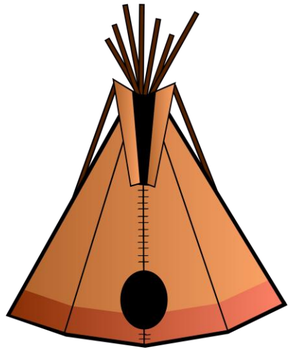


Connections

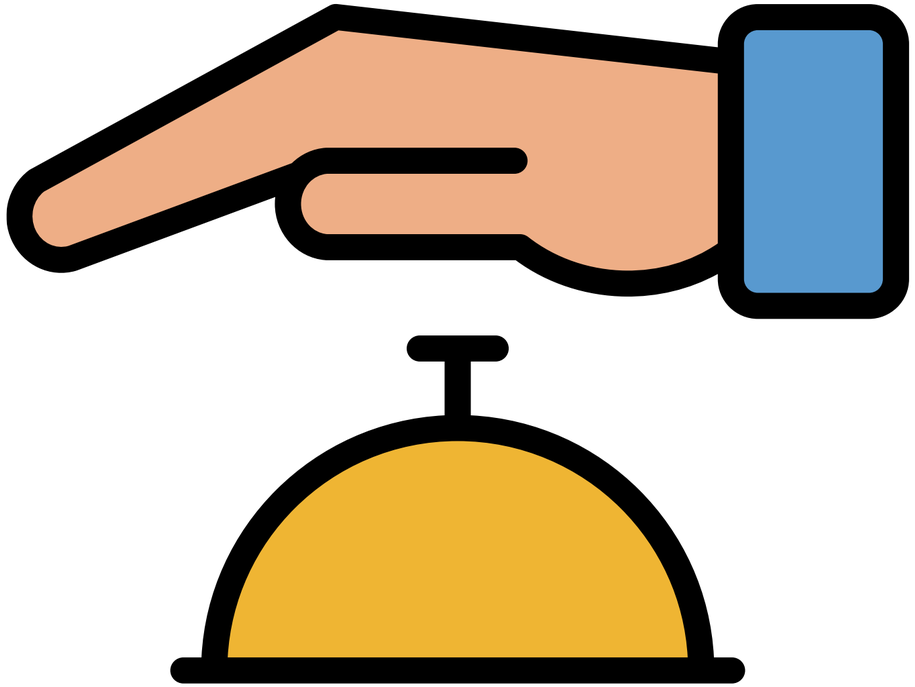
TSAG

Requesting & Registering





Requesting Sessions on FNTN



Live Website Tutorial on Requesting Sessions:

www.fntn.ca

Booking Sessions on FNTN



Step 1

Open Web Browser;
Search www.fntn.ca



Step 2

Scroll Down to Bottom of FNTN Home Page; Click Green “REQUEST NEW SESSION” Button



Step 3

FIll Out All Necessary Information (Marked by arrow)

- **Session Type
- Sub Category
- Your Booked Site & Connection Method
- VC Title
- Date & Time
- Requested By?
- Your Phone # & Email
- Submit!!



Step 4

Alternatively, please feel free to email vchelp@fntn.ca to set something up

Are You Looking for More Topics for Education Sessions?

Email

vchelp@fntn.ca or ahanson@tsag.net

Contact number

1.888.999.3356

Social Media (Instagram)

@fntnab



Registering for Public Education Session



Live Website Tutorial on How to Register for Education Sessions:

www.fntn.ca

Registering for Public Education Session



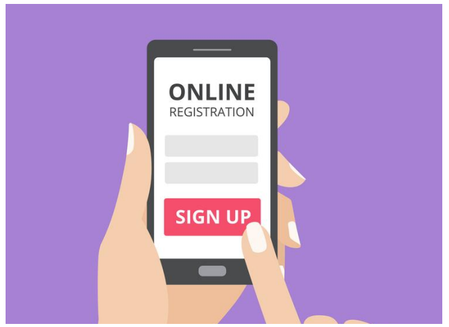
Step 1

Open Web Browser;
Search www.fntn.ca



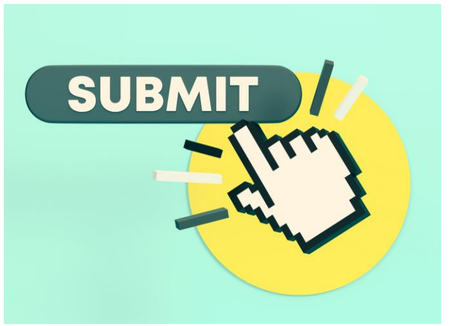
Step 2

Slowly Scroll Down Home Page to Browse Upcoming Sessions; Click Green “POSTER” Button for Session You Want to Register, For



Step 3

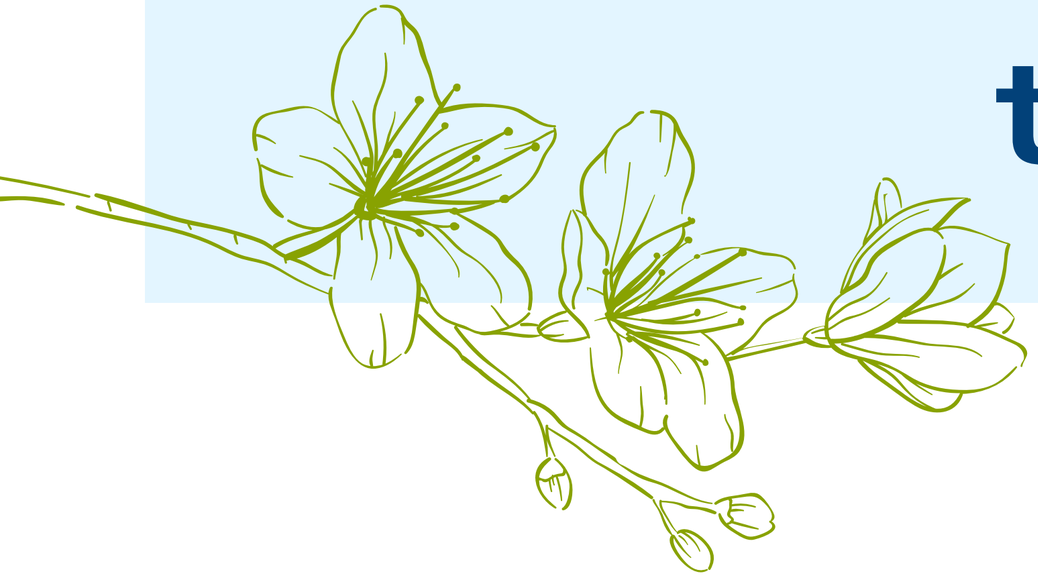
Session Poster Will Open; Click Registration Link on the RIGHT SIDE of Poster



Step 4

Fill Out All Necessary Information; Submit!

Subscribing to FNTN



How to Subscribe

Step 1

Open Web Browser;

Search www.fntn.ca



Step 2

Scroll Down to the Bottom of the Home Page



Step 3

Click on the Green “SUBSCRIBE” Button



Step 4

Fill Out All Necessary Information;

Submit!



Why Subscribe?



Weekly Reminders



24-Hour Reminders

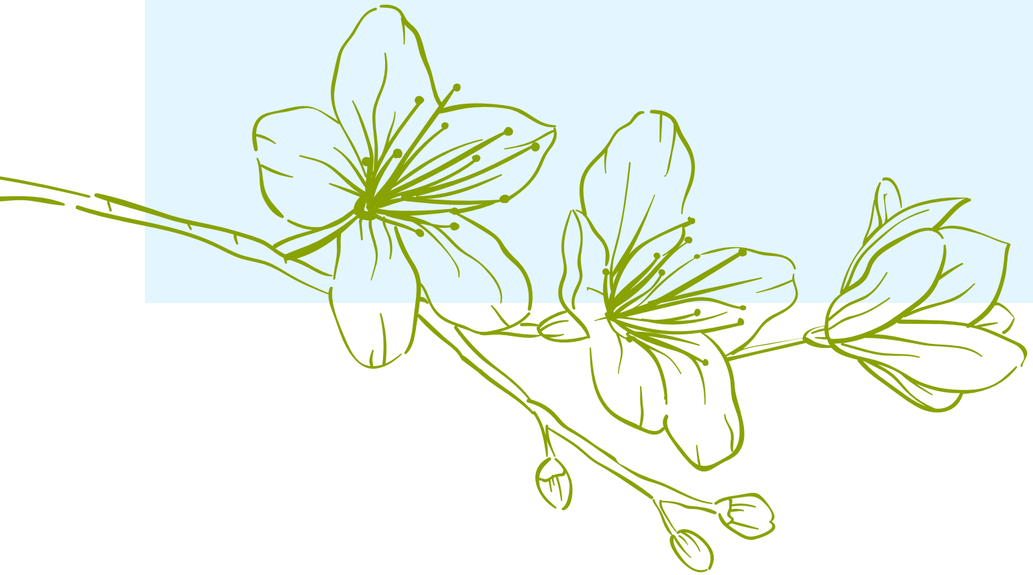


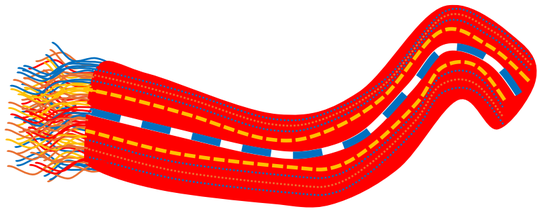
Monthly Newsletters



Access to Recorded Sessions & Handouts

Navigating FNTN







FNTN Library

PURPOSE: Website Archive of Public & Invite-Only Education Sessions

CONTAINS:

- Session Recordings
- Session Posters
- Session Handouts (i.e., PPTs, Resource Pages, etc.)

OTHER INFORMATION:

- Various Filter Options to Search Sessions
  - I.e., Manually, # of Sessions per Page, Public vs Invite-Only, Subcategory, Host Type, Topic, Title/Word Search, Date Range

Quick Demo: www.fntn.ca



Series Page

PURPOSE: Grouped Sessions related to a certain topic, and/or hosted by the same individual/organization

CONTAINS:

- Topic Filter Options
- Direct Series Links

Quick Demo: www.fntn.ca



Latest New Page

PURPOSE: Provides quick access to recently uploaded sessions, 3 months back from current date

CONTAINS:

- Session Title
- Date & Time of the Session
- Targeted Audience of the Session
- Session Learning Outcomes
- Link to Recording
- Promo Picture for Session

Quick Demo: www.fntn.ca



Training Page

PURPOSE: Provides links to information on -

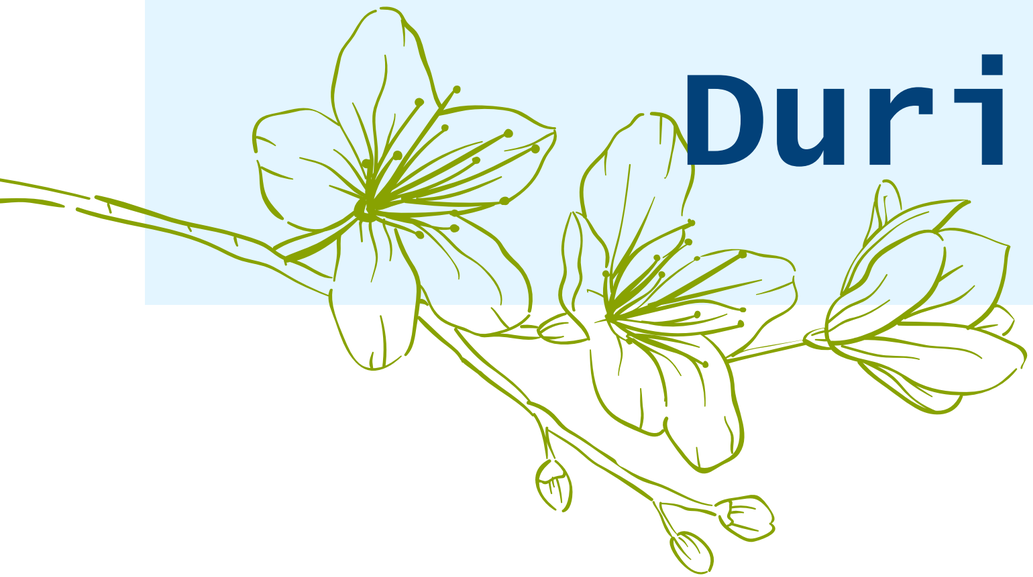
- How to book sessions
- How to use VC Equipment
- How to Navigate the FNTN Website
- Subscribing
- Registering for Sessions

CONTAINS:

- Video Tutorials/Guides
- Written Document Guides

Quick Demo: www.fntn.ca

What to Expect During a Session



What to Expect: Public Education Sessions

1

Login

Login via your preferred connection method (Zoom, VC Equipment, Phone Call Dial-In)

If joining via VC Equipment, **Keep Mics Muted**

If joining via Zoom/Phone Call Dial-In, **Mics & Cameras are DISABLED**

2

Session Intro

At session start time, Telehealth Education Coordinator will start the session with an introduction

3

Presentation

After the introduction, the presenters will start their presentation

4

Q&A

Questions are either asked throughout the session and at the end. Or, simply addressed at the end

This is presenters' choice as to how they'd like to take questions, and what feels right for them

What to Expect for Admin. Sessions

Join Call/Meeting

Join the call via your preferred connection method

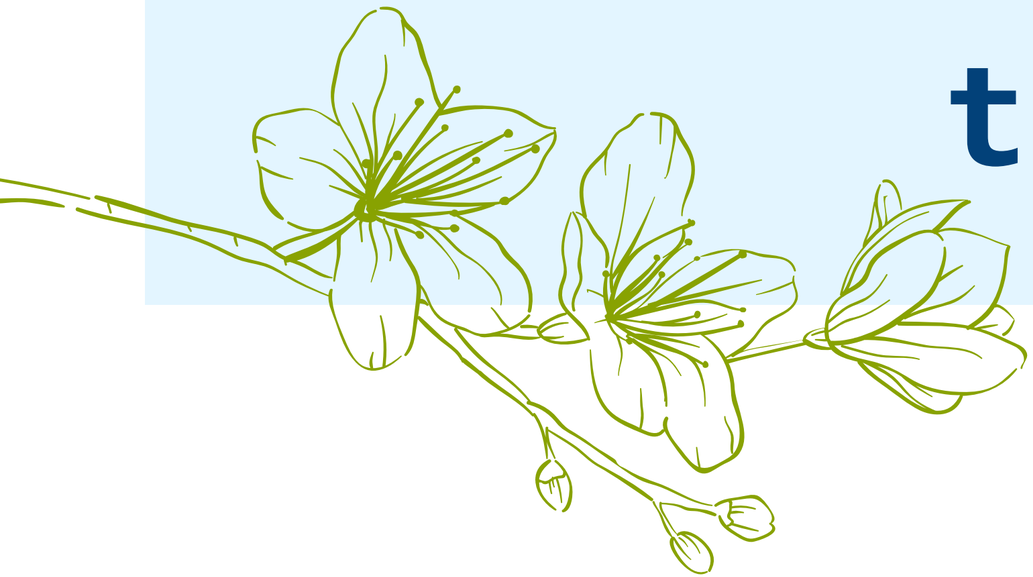
- If joining through VC Equipment, please let FNTN Team or whoever set up the session know, so FNTN Team can ensure you're connected for the call

Host Will Start Session

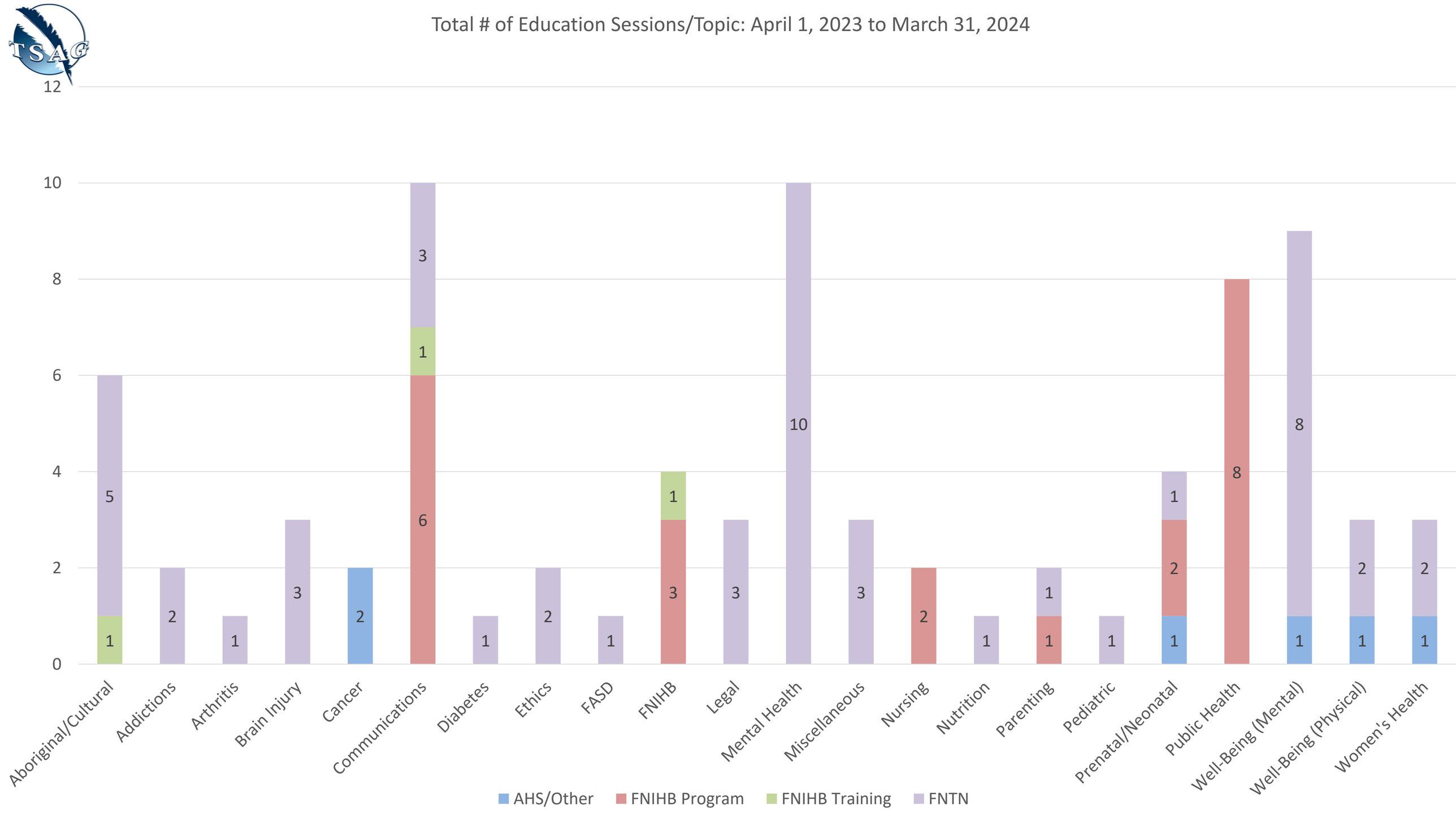
At the meeting start time, whoever set up the session, sent the invite, etc., will start the session

- Sometimes, an FNTN/TSAG team member will be on as a tech support - not always

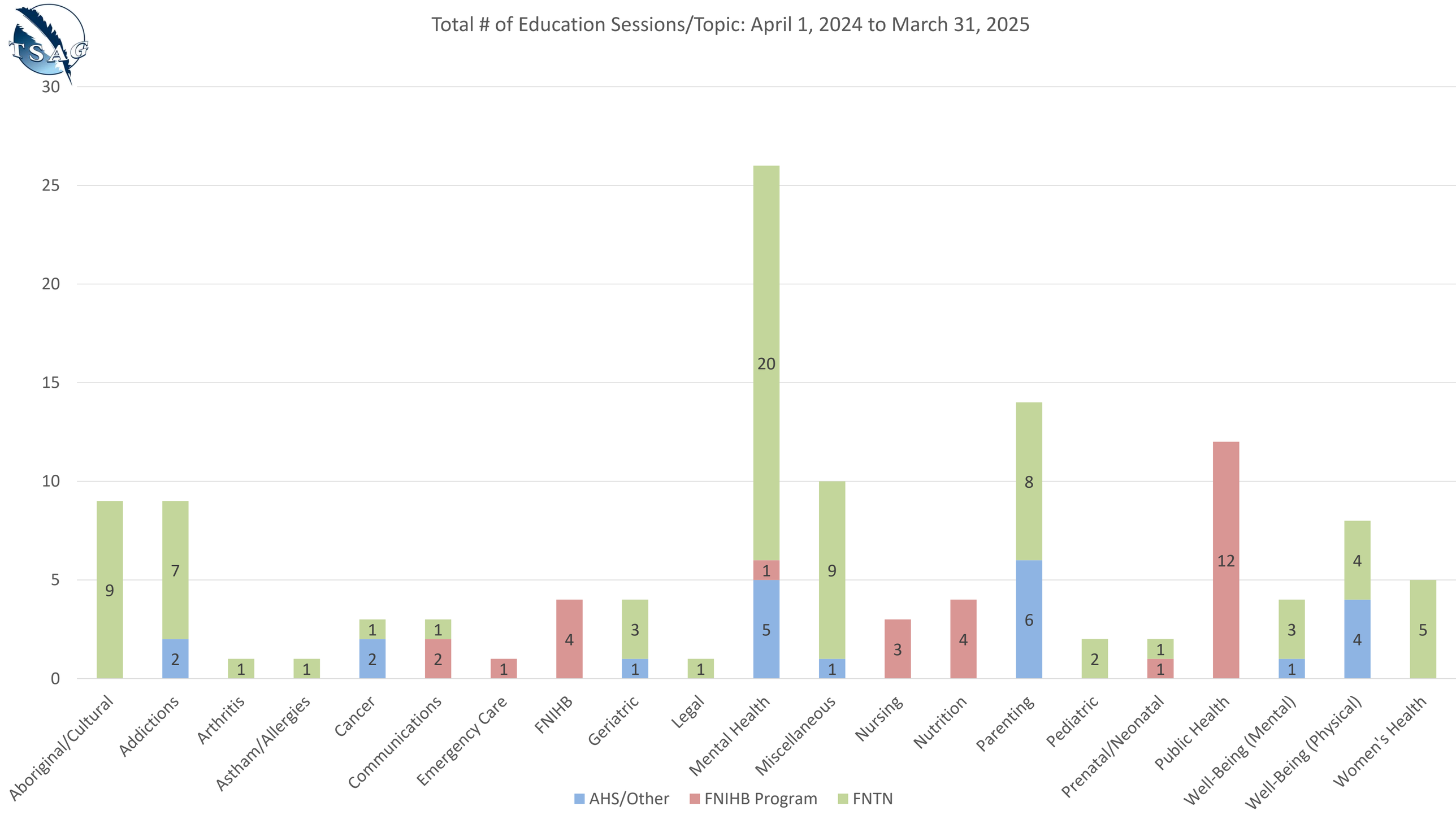
Hopes & Goals for the Future



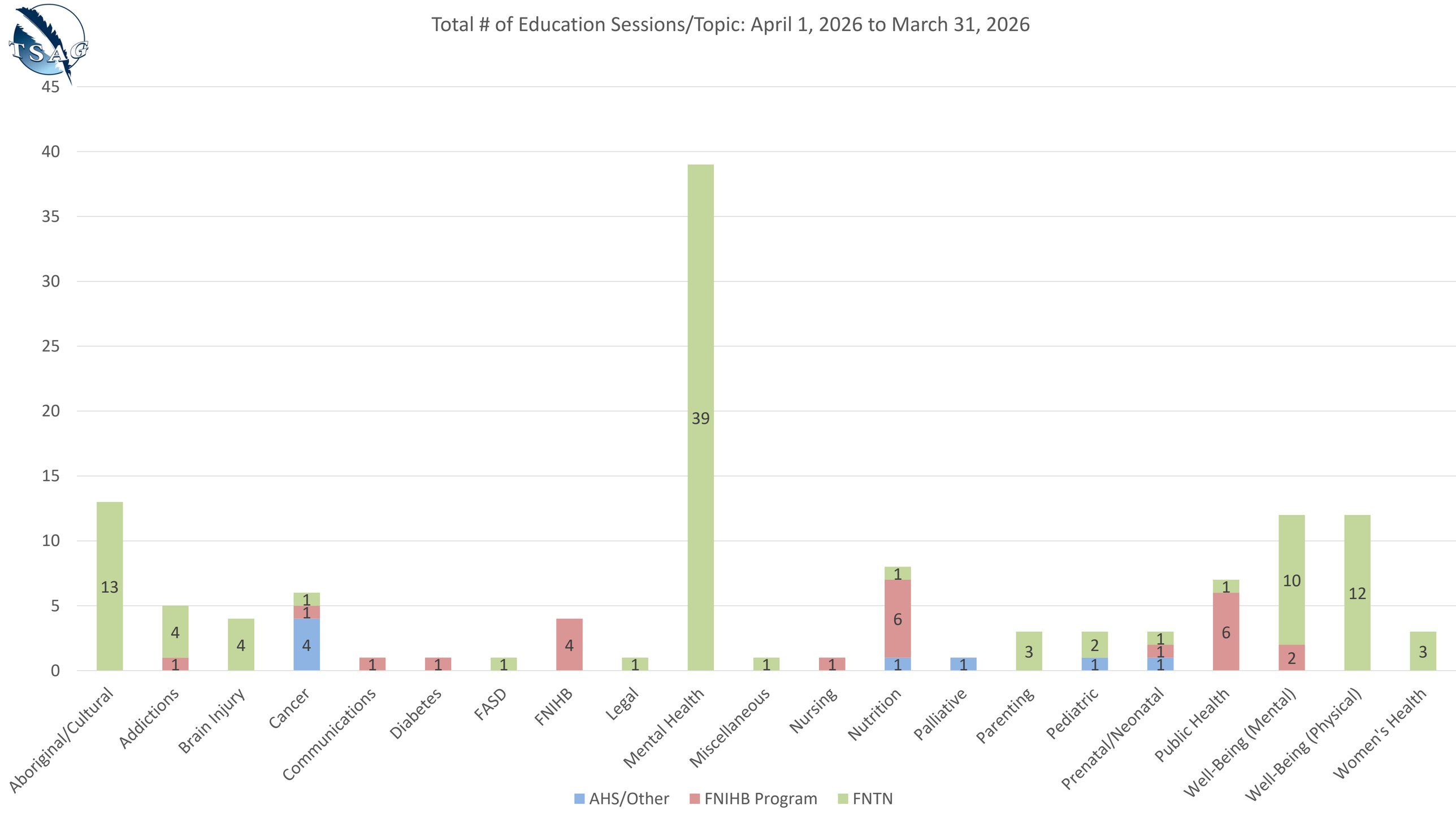
Total # of Education Sessions/Topic: April 1, 2023 to March 31, 2024

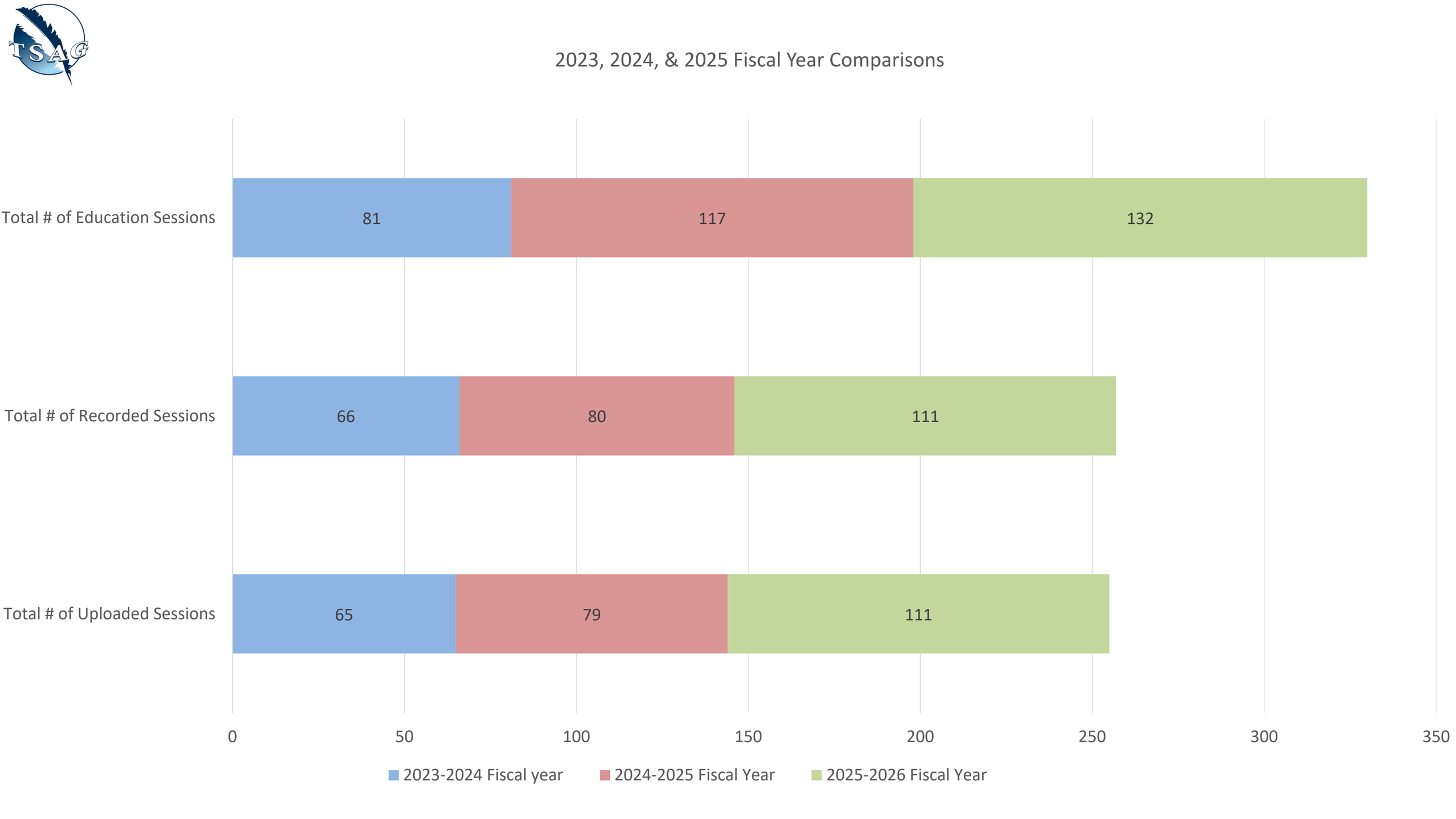


Total # of Education Sessions/Topic: April 1, 2024 to March 31, 2025



Total # of Education Sessions/Topic: April 1, 2026 to March 31, 2026




2023, 2024, & 2025 Fiscal Year Comparisons
Total # of Education Sessions
81
117
132
Total # of Recorded Sessions
66
80
111
Total # of Uploaded Sessions
65
79
111
0
50
100
150
200
250
300
350
2023-2024 Fiscal year
2024-2025 Fiscal Year
2025-2026 Fiscal Year

Hopes & Goals



Greater Outreach



More Topic Variety



More Collaborations



Website Resource Page



YOU!



Hopes & Goals

Greater Outreach

1. Subscriptions to FNTN
2. Monthly Newsletters
3. Monthly Posters to AB Health Directors
4. Meetings w/Communities, Community Health Centre Staff, & Other Organizations Supporting Indigenous Peoples in Alberta
5. Networking Events/Community Events
6. Social Media

Hopes & Goals

More Topic Variety

1. Women’s Health Topics
2. Men’s Mental Health Topics
3. Diabetes Management
4. Cardiac Health
5. Life Promotion/Suicide Prevention
6. Trauma-Related Topics
7. ADHD/General Neurodiversity
8. Physical Safety/Well-Being





Hopes & Goals

More Collaborations

1. Advocates, Professionals, Organizations, Activists, Elders, Knowledge Keepers, etc.
2. Meetings & Presentations with Nations/Communities, Community Health Centres, Other Organizations Supporting Indigenous Populations in AB

Hopes & Goals

Website Resource Page

- Project started in 2025
- Initial Plan: Private/admin resources
- Goals: Compile further resources; Make it Public





Hopes & Goals

We Want to Hear from YOU!!!

1. What kinds of topics are YOU interested in?
2. What topics are most needed for YOUR COMMUNITY?
3. Are there individuals/organizations that YOU think we should partner with, and bring onto FNTN?
4. How can we best support YOU??

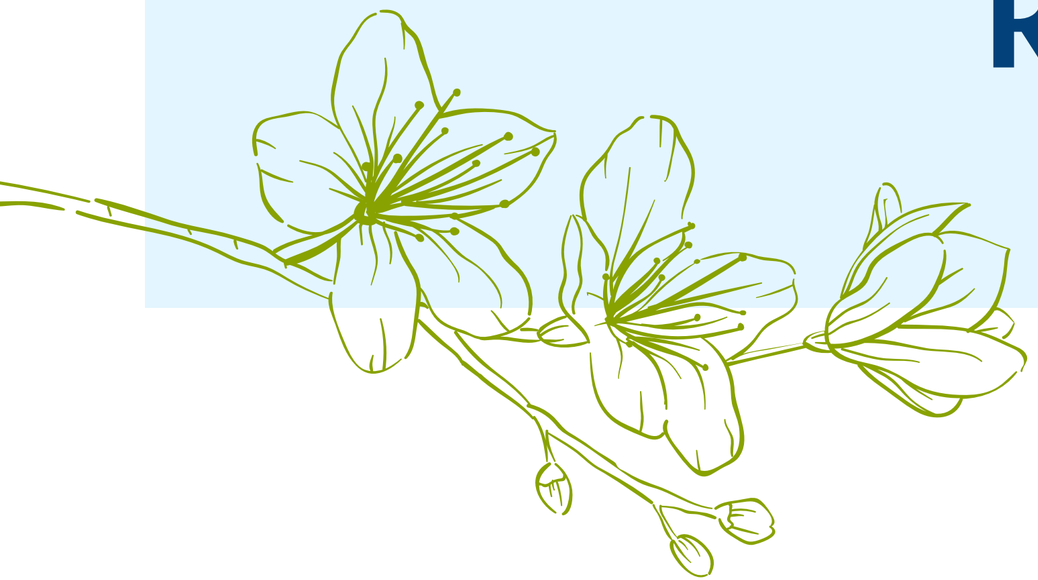


Needs Change!

And we understand



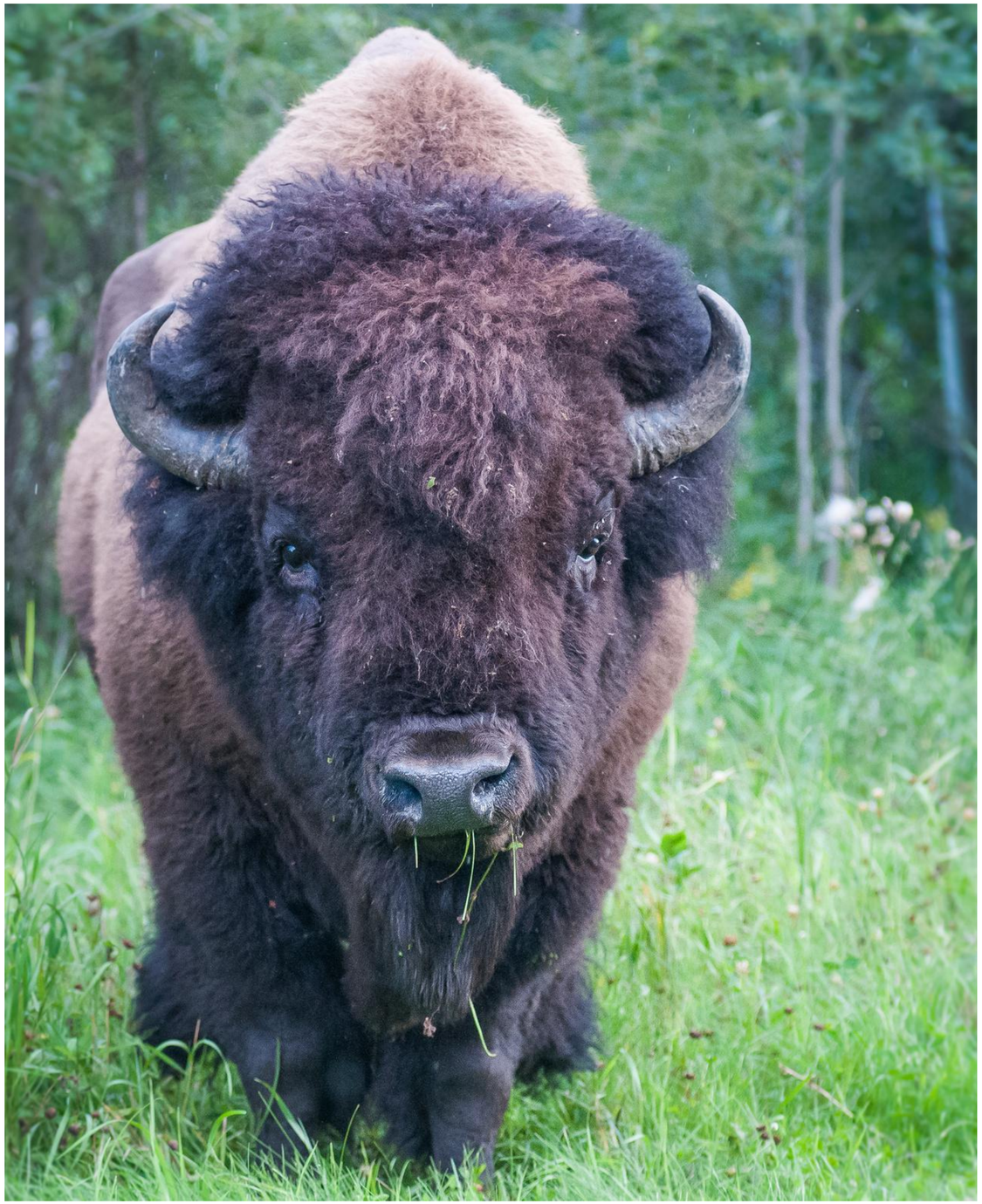
Resources





Resources

1. **First Nations Telehealth Network (FNTN)**
   - **Phone:** 1.888.999.3356
   - **Email:** vchelp@fntn.ca
   - **Website:** www.fntn.ca domain
2. **First Nations Technical Services Advisory Group (TSAG)**
   - **Phone:** 780.483.8601
   - **Email:** comm@tsag.net
   - **Website:** www.tsag.net
3. **Alberta Indigenous Virtual Care Clinic (AIVCC)**
   - **Phone:** 1.888.342.4822
   - **Email:** info@aivcc.ca
   - **Website:** www.aivcc.ca



Resources

1. **Indigenous Support Line**
   - **Phone:** 1-877-944-4744 or 811
   - **Website:** https://www.primarycarealberta.ca/page14185.aspx
2. **Otipemisiwak Métis Government**
   - **Phone:** (780) 455-2200
   - **Email:** mna@metis.org
   - **Website:** https://albertametis.com/
3. **Esquao: Institute for the Advancement of Aboriginal Women**
   - **Phone:** (780) 479-8195
   - **Email:** iaaw@iaaw.ca
   - **Website:** https://iaaw.ca/



Resources

1. **Native Counselling Services of Alberta (NCSA)**
    - **Phone:** (780) 451-4002
    - **Email:** info@ncsa.ca
    - **Website:** https://www.ncsa.ca/
2. **Bent Arrow Traditional Healing Society**
    - **Phone:** (780) 481-3451
    - **Email:** reception@bentarrow.ca
    - **Website:** https://bentarrow.ca/
3. **Alberta Native Friendship Centres Association**
    - **Phone:** (780) 423-3138
    - **Email:** contact@anfca.com
    - **Website:** https://anfca.com/



Resources

1. **Indigenous Psychological Services**
   - **Phone:** (587) 594-9855
   - **Email:** **Online Contact Form
   - **Website:** https://indigenouspsychologicalservices.com/
2. **Sixties Scoop Indigenous Society of Alberta (SSISA)**
   - **Phone:** 587-850-5910
   - **Email:** **Online Contact Form
   - **Website:** https://www.ssisa.ca/
3. **Inuit Albertamiut Association**
   - **Phone:** (780) 909-5190
   - **Email:** info@inuitalberta.ca
   - **Website:** https://www.facebook.com/InuitAlbertamiutAssociation/



Resources

1. **First Nations Health Consortium**
    - **Phone:** 1-844-558-8748
    - **Email:** **Online Contact Forum
    - **Website:** https://abfnhc.com/
2. **Kids Help Phone (KHP)**
    - **Immediate Help:**
        - **Call:** 1-800-668-6868
        - **Text:** 686868
    - **Email:** **Online Contact Forum
    - **Website:** https://kidshelpphone.ca/
3. **Alberta's Virtual Opioid Dependency Program (VODP)**
    - **Phone:** 1-844-383-7688
    - **Website:** https://vodp.ca/



Resources

1. **Hope for Wellness Helpline**
    - **Phone:** 1-855-242-3310
    - **Website:** https://www.hopeforwellness.ca/
2. **Indigenous Patient Safety Investigator & Advocate (Office of Alberta Health Advocates)**
    - **Phone:** 780-422-1812
    - **Email:** info@albertahealthadvocates.ca
    - **Website:** https://www.alberta.ca/indigenous-patient-safety-investigator-and-advocate
3. **Indigenous Justice Centre of Alberta**
    - **Phone:** 587-943-7747
    - **Email:** info@ijcalberta.ca
    - **Website:** https://www.ijcalberta.com/



Resources

1. **2-1-1**
    a. **24-Hour Information & Referrals**
    b. **Call, Text, or Live Chat: 2-1-1**
        i. Text “INFO” to 2-1-1 of textomg
        ii. Visit www.ab.211.ca for live-chat
    c. **Website**: www.ab.211.ca
2. **9-8-8 (Suicide Crisis Helpline)**
3. **9-1-1**

Want to learn more?

Business Hours

- **Monday - Friday:** 8:00am - 4:00pm MT
- **Saturdays & Sundays:** Closed
- **Stat. Holidays:** Closed

Visit Our Website

www.fntn.ca
-Subscribe to our Newsletter!

Follow Us on Instagram!

@fntnab

Email Us

vchelp@fntn.ca

Phone Us

1-888-999-3356

Thank you!

Questions?

Presented by: Alannah Hanson

Email: ahanson@tsag.net
Website: www.fntn.ca
FNTN Instagram: @fntnab