

Questions about nutrition and pregnancy?



Check out short videos from AHS dietitians at:
ahs.ca/prenatalnutrition



SCAN ME



Questions about nutrition and pregnancy?



Check out short videos from AHS dietitians at:
ahs.ca/prenatalnutrition



SCAN ME



Questions about nutrition and pregnancy?



Check out short videos from AHS dietitians at:
ahs.ca/prenatalnutrition



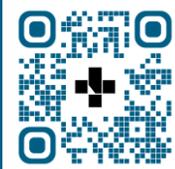
SCAN ME



Questions about nutrition and pregnancy?



Check out short videos from AHS dietitians at:
ahs.ca/prenatalnutrition



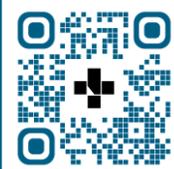
SCAN ME



Questions about nutrition and pregnancy?



Check out short videos from AHS dietitians at:
ahs.ca/prenatalnutrition



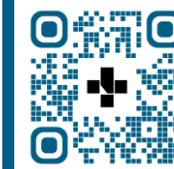
SCAN ME



Questions about nutrition and pregnancy?



Check out short videos from AHS dietitians at:
ahs.ca/prenatalnutrition



SCAN ME

