

Understanding OCD: An Overview of Obsessive Compulsive Disorder

November 27, 2025

10:00-11:00am MT

This session will focus on understanding what OCD is, who is affected by OCD, and treatments available. There will also be information about resources and supports available, for individuals with OCD and their families.



Learning Outcomes:

- Understand the features that define OCD
- Understand treatment options
- Normalize the experience of individuals with OCD
- Suggest ways to support individuals with OCD

Speakers:

Lisa Skriver - RPsych, is a psychologist at The Family Psychology Place. She has been in private practice for over 10 years. She has training and experience working with adults, children, youth and families. Currently, her practice focuses on adults and couples. She is honoured to present through FNTN



Target Audience: People who would like to have an understanding of OCD and how it impacts individuals and families

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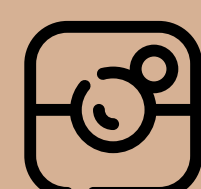
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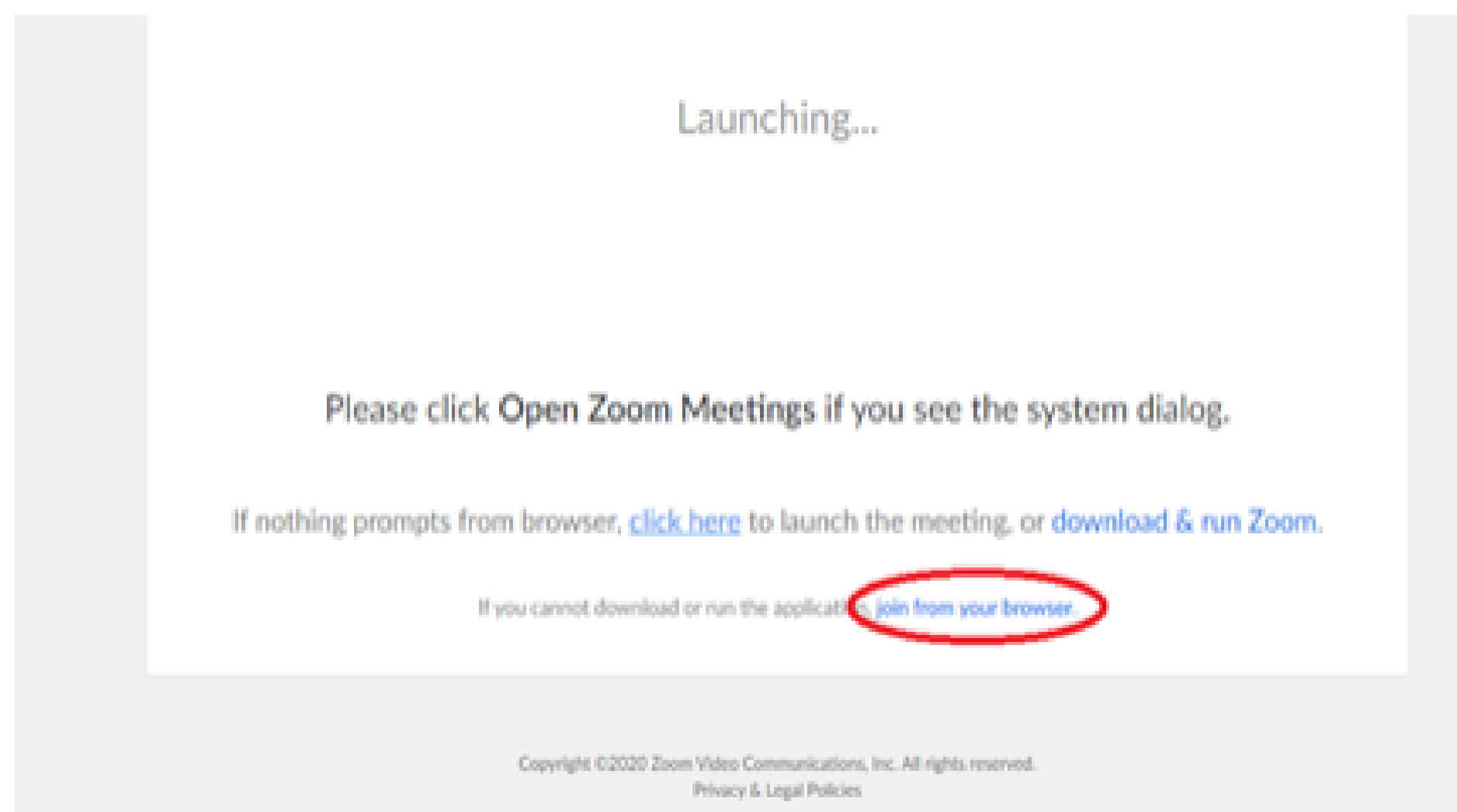
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