The Power of Presence: A Guide to Healthy Attachment

November 13, 2025
1:30-3:00pm MT

Join us for an insightful session as we delve into the powerful bond between a child and their primary caregiver, known as child-parent attachment. This deep and lasting emotional connection is built through consistent, responsive interactions, where the caregiver lovingly meets the child's needs for comfort, security, and support. Discover how these early relationships shape a child's development and well-being.

Learning Outcomes:
- Understand secure and insecure attachment
- How attachment style impacts the autonomic nervous system
- Tips for fostering secure attachment with children

Speakers:
Daya Williams (Shey/They) - Honours BA in Psychology and Youth & Children's Studies & Somatic Attachment Therapy Practitioner, Family Support Facilitator

Sumeet Kalsi (She/Her) - Dip. in Early Childhood Development & Education, Parent and Caregiver Support Services Coordinator

Target Audience: Caregivers and Professionals
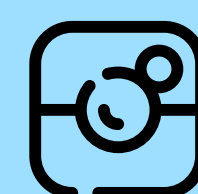
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