Supporting Neurodiversity Through an Emotional Regulation Approach

September 3, 2025
10:00-11:30am MT

Our practice continues to evolve in supporting and embracing neurodiversity in our communities. In this session we will explore the move from behaviour management to emotional regulation and will build a toolbox of strategies to ensure all children's unique profiles are valued and strengthened. Strategies will focus on changes to the learning environment and the adult interactions that support learning and development while focusing on building a foundation of trust.

Alberta Indigenous Virtual Care Clinic (AIVCC)

This session was set up in collaboration with the Alberta Indigenous Virtual Care Clinic (AIVCC)

Learning Outcomes:

- Participants will expand their understanding of the autistic experience and of neurodiversity
- Participants will build strategies to support children using best practices in a neuro-affirming approach
- Participants will explore their perspective on challenging behaviour and navigate the emotional regulation approach
- Participants will learn about communication partner stages to better match strategies to needs

Speakers:

Kelsey Penney, M.A., B.Ed, Children's Autism Services, Program Director and Education Consultant. Kelsey has been working with community and school teams for the past 13 years, supporting their learning and understanding in using an Emotional Regulation Approach. Kelsey travels to first nations communities in Northern, Central and Southern Alberta to provide training and consultation

CHILDREN'S Autism Services

TSAG

Target Audience: Parents, educators, community supports

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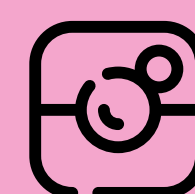Meeting ID: 861 3832 1007
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