

Opening to Healing: Psychedelic Assisted Therapy and the Role of Expanded States of Consciousness in Healing



July 22, 2025

10:00-11:30am MT

This session offers an introduction to ketamine, psilocybin, and MDMA-assisted psychotherapy as emerging treatments for trauma, depression, end of life distress and disconnection. We will share what is currently understood about how these medicines work in clinical settings and explore their potential to support healing. With humility and respect, we hope to open a conversation about how these approaches may intersect with or differ from Indigenous understandings of wellness, and how we can move forward in ways that honour both cultural safety and community wisdom.



Learning Outcomes:

- Introduce the therapeutic use of ketamine, psilocybin, and MDMA in supporting trauma recovery and emotional healing
- Describe the psychological and neurobiological mechanisms of these medicines within Western clinical frameworks
- Acknowledge the long-standing relationships many Indigenous cultures have had with plant and spirit medicines
- Invite dialogue about how psychedelic-assisted therapies might respectfully coexist with or complement Indigenous ways of knowing and healing

Speakers:

Kirby Kelly, Executive Director and Heidi Edgar, Registered Psychologist and Clinical Director - Reunion Psychedelic Therapy

REUNION

Target Audience: This session is intended for community members, health leaders, counselors, Elders, and others who are curious about the emerging field of psychedelic-assisted therapy. It may be especially relevant for those working in mental health, wellness, or community support roles who are exploring new ways to address trauma, depression, and disconnection. While the presentation is grounded in Western clinical knowledge, it is offered with humility and openness to dialogue, recognizing the depth and value of Indigenous healing practices and perspectives

Please register for session at:
<https://fntn.ca/Home/Registrar-VC?eid=22321>

To access this session from zoom:
<https://fntn.zoom.us/j/87966786295>
Meeting ID: 879 6678 6295
Passcode: 995077

Please select "join meeting as an Attendee", once logged-in

To access this session from an audio line:
1-587-328-1099
Meeting ID: 879 6678 6295
Passcode: 995077



First Nations
Telehealth Network
WWW.FNTN.CA
1.888.999.3356
VCHELP@FNTN.CA



@FIRSTNATIONSTELEHEALTHNETWORK

To join via internet browser

1. Please click the link below to join the webinar:
<https://fntn.zoom.us/join>
2. Enter Meeting ID: 879 6678 6295
3. Passcode: 995077
4. Click the option “ click here” (See image below)

Launching...

Please click Open Zoom Meetings if you see the system dialog.

If nothing prompts from browser, [click here](#) to launch the meeting, or [download & run Zoom](#).

5. Another option will show up on the bottom, please click “ join from your browser” (See image below)



6. You will now join the webinar, by default all attendees of the webinar are muted.

To join Via Zoom apps:

1. Please click the link below to join the webinar:
<https://fntn.zoom.us/join>
2. Enter Meeting ID: 879 6678 6295
3. Passcode: 995077
4. Choose “download and run Zoom”
5. An executable file will be download, please run the file
6. After the file has been installed, you will be ask to enter your “email” and your “name”
7. You will now join the webinar, by default all attendees of the webinar are muted.