

Dissociative Identity Disorder

March 25, 2025

1:30-3:00pm MDT

This session will provide an engaging and educational overview of Dissociative Identity Disorder (DID), a complex mental health condition often misunderstood by the public. Participants will gain a deeper understanding of the symptoms, causes, and treatments for DID, dispelling common myths and fostering awareness about this condition.



Learning Outcomes:

- An understanding of what Dissociative Identity Disorder is, including its primary symptoms and how it affects individual's lives
- Insight into the potential causes and risk factors, such as trauma and childhood experiences, that contribute to DID
- An overview of effective treatment approaches, including psychotherapy and supportive interventions

Speakers:

Dr. Yogesh Thakker, MBBS, MD, FRCPsych, CCT, FRCP; Consultant Psychiatrist and Medical Director, Manor Clinic, Edmonton; Assistant Clinical Professor, Faculty of Medicine & Dentistry, University of Alberta. As a psychiatrist, I have had the privilege of working with First Nations communities, providing culturally sensitive mental health support tailored to their unique needs. This experience has deepened my understanding of the intergenerational impacts of trauma and the importance of integrating traditional healing practices with modern psychiatric care.



Target Audience: This session is ideal for members of the public interested in mental health, including caregivers, educators, community workers, and those who want to increase their knowledge of DID. It is also beneficial for individuals who suspect they or someone they know may be experiencing symptoms of DID and seek to better understand the condition

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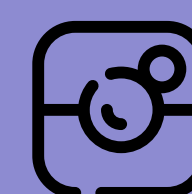
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