

Introduction to the Brain Story and Resilience Scale Framework

February 11, 2025

10:00-11:00am MST

Resilience can be defined as the ability to respond positively in the face of adversity. In the 1-hour introduction to the Brain Story and Resilience Scale Framework, the main metaphors of the Brain Story, including the Resilience Scale, are explored in the context of how they apply at the individual, organizational, and systems level. Explore how the application of a common language and knowledge base can be used to build resilience and improve outcomes for children, families, and communities.

****Please note that this session will not be recorded or uploaded to our website.**



Learning Outcomes:

- Learn the key metaphors of the Brain Story used to educate the public on the importance of brain development and early experiences in lifelong health outcomes
- Explore how embedding the Brain Story knowledge in community promotes systems change in policy and practice
- See how the Resilience Scale can be used in practice for individuals, organizations, and communities to visualize resilience and measure changes over time
- Learn about work being done in Alberta to evaluate resilience in communities

Speakers:

Nancy Mannix, Chair and Patron of the Palix Foundation.

Since its inception, the Palix Foundation has worked intentionally with Indigenous audiences in Alberta and the United States to bring the Brain Story to life, including the Brain Story Faculty Member, Don Coyhis, Founder and President of White Bison Inc. We have worked closely with members of the Blood Tribe and the Piikani Nation to develop resources and support endeavours aimed at building community resilience.



Target Audience: General Public, front-line workers, educators, healthcare professionals

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