

Attachment/Connection

February 13, 2025

1:30-3:00pm MST

This psychoeducational session will discuss what it means to really connect with a child/youth, and how we can employ specific strategies to foster a greater sense of attachment and connection. Attendees will explore key themes such as: sensitivity to signals, cooperation vs. interference, and physical and psychological availability.



Learning Outcomes:

- A greater understanding of the definitions of attachment and connection
- A greater understanding of the practical ways to foster more connection with children/youth
- A greater understanding of what it means to be a “mindful parent”
- A greater understanding of the different supports and resources offered through Little Warriors (and agency dedicated to the prevention, awareness, treatment, and education of child sexual abuse)

Speakers:

Jill McNeil has worked with Little Warriors for the past 6 years, honoured to have served child sexual abuse survivors and their families through a variety of different ways. Through the COVID-19 pandemic, she along with other members of the Little Warriors Clinical Team created on-line support programs (called the Be Brave Bridge programs) to help families who would not otherwise receive timely mental health support. She is now the clinical Lead of these programs, which connect specialized counsellors and coaches with children, teens, and parents impacted by not only child sexual abuse specifically, but trauma in general.



Target Audience:
Parents/caregivers

Please register for session at:
<https://fntn.ca/Home/Registrar-VC?eid=21791>

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