Child Development

January 29, 2025

10:00-11:30am MST

This psychoeducational session will explore key concepts related to each stage of childhood development, and what a child/youth's chronological and developmental age means. Attendees will also learn how certain concepts such as connection before correction and co-regulation relate to both children/youth and parents/caregivers.

Learning Outcomes:

- A greater understanding of key concepts/themes in each age range/stage of child development
- A greater understanding of the difference between one's chronological age and developmental age (and how to best respond accordingly)
- A greater understanding of the connection between self-regulation and co-regulation
- A greater understanding of the different supports offered through Little Warriors (and agency dedicated to the prevention, awareness, treatment, and education of child sexual abuse)

Speakers:

Jill McNeil has worked with Little Warriors for the past 6 years, honoured to have served child sexual abuse survivors and their families through a variety of different ways. Through the COVID-19 pandemic, she along with other members of the Little Warriors Clinical Team created on-line support programs (called the Be Brave Bridge programs) to help families who would not otherwise receive timely mental health support. She is now the clinical Lead of these programs, which connect specialized counsellors and coaches with children, teens, and parents impacted by not only child sexual abuse specifically, but trauma in general.

Target Audience: Parents/caregivers
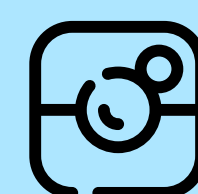
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