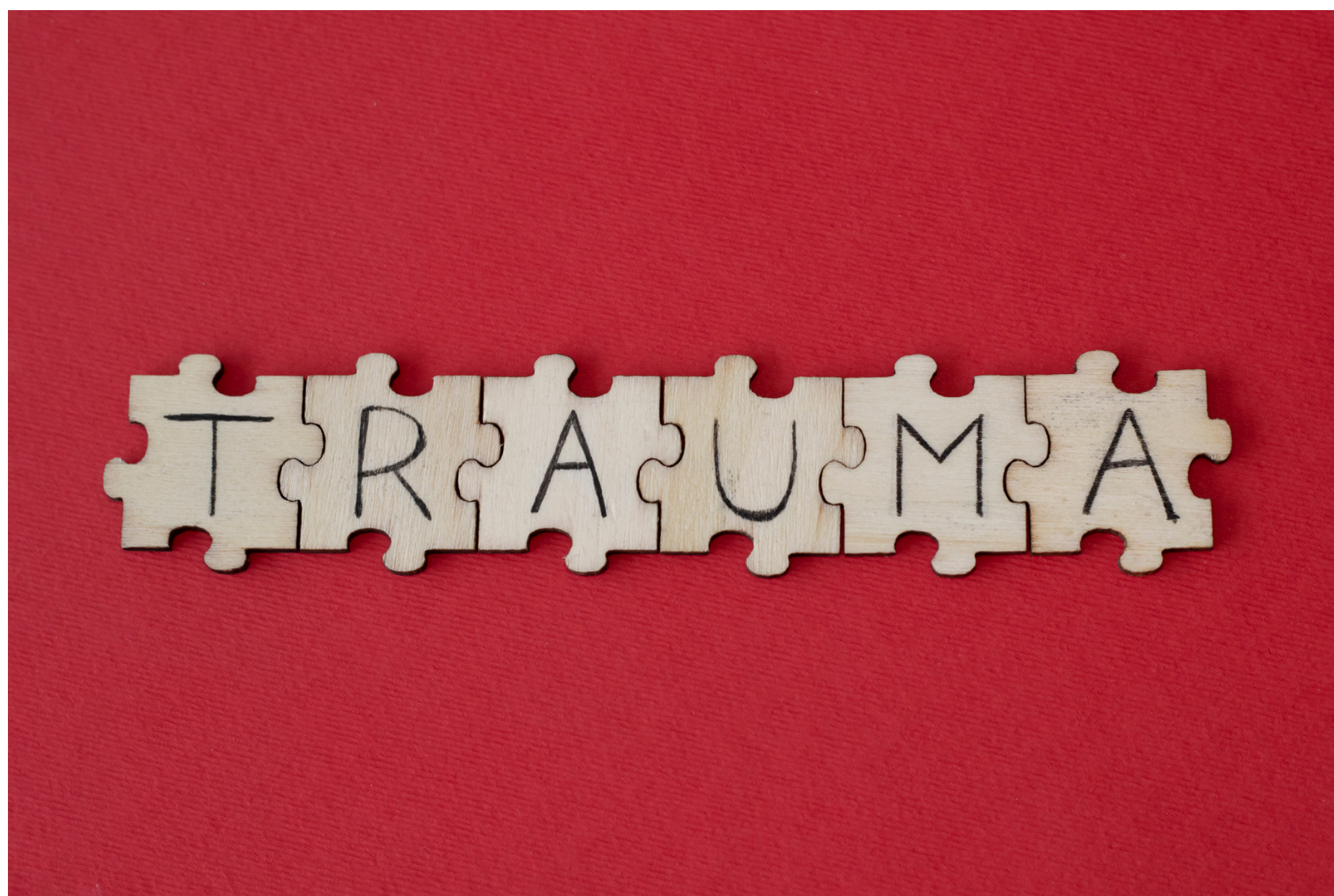


Trauma-Informed Parenting/Caregiving

January 16, 2025

1:30-3:00pm MST

This psychoeducational session will explore how trauma is defined, and how it can impact behaviour. Attendees will learn about the “trauma response” (also known as the Fight/Flight/Freeze/Fawn response), and how we can best support this response through specific strategies and behaviour support techniques.



Learning Outcomes:

- A greater understanding of how trauma is defined
- A greater understanding of the “trauma response” (also known as the Fight/Flight/Freeze/Fawn response), and how these different types of responses can manifest through children/youth behaviour
- A greater understanding of how trauma impacts the brain
- A greater understanding of how to best support children/youth in a trauma-informed way
- A greater understanding of the different supports and programs offered through Little Warriors (an agency dedicated to the prevention, awareness, treatment, and education of child sexual abuse)

Speakers:

Jill McNeil has worked with Little Warriors for the past 6 years, honoured to have served child sexual abuse survivors and their families through a variety of different ways. Through the COVID-19 pandemic, she along with other members of the Little Warriors Clinical Team created on-line support programs (called the Be Brave Bridge programs) to help families who would not otherwise receive timely mental health support. She is now the clinical Lead of these programs, which connect specialized counsellors and coaches with children, teens, and parents impacted by not only child sexual abuse specifically, but trauma in general.



Target Audience: Parents and Caregivers

Please register for session at:
<https://fntn.ca/Home/Registrar-VC?eid=21789>

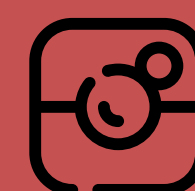
To access this session from zoom:
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