# Missing and Murdered Indigenous Women and Girls (MMIWG): Insights, Impacts, and Resources

## February 12, 2025

## 1:30-2:30pm MST

This session will explore the topic of Missing and Murdered Indigenous Women and Girls (MMIWG) with a focus on its connection to mental health and psychological well-being. Participants will learn about the profound personal and community impacts of this crisis while having the opportunity to discuss historical and ongoing systemic challenges faced by Indigenous communities. The session aims to foster understanding, respect, and advocacy and will provide participants with information about culturally appropriate resources and ways to support meaningful change.



#### Learning Outcomes:

- Participants will explore the connection between the MMIWG Crisis and mental health, understanding its personal and community impacts
- Gain an insight into the systemic challenges faced by Indigenous communities and how these contribute to the Crisis
- An introduction to culturally appropriate resources to support affected individuals and communities
- Participants will leave with tools to foster understanding, respect, and meaningful advocacy

### Speakers:

Ms. Hilda Huj, MA, RPsych, Registered Clinical & Forensic Psychologist, ARCH Psychological Services, Partner of ARCH. Hilda's practice entails working with Indigenous individuals and communities, specializing in complex trauma, practicing through a two-eyed seeing approach.





Target Audience: Professionals, community members, advocates, and individuals interested in learning about MMIWG, with a focus on those who seek to build awareness and engage in meaningful change

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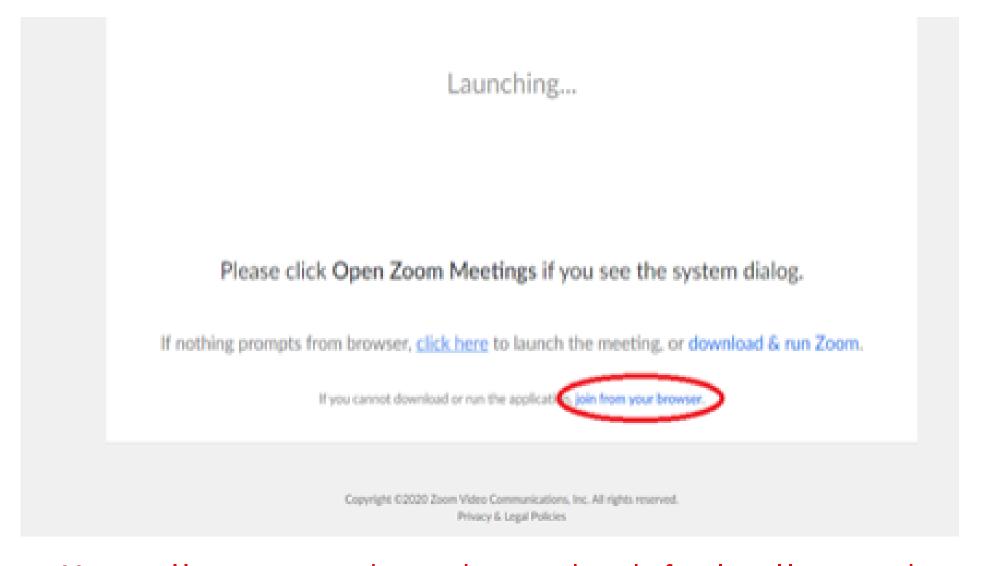
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