

Kids Help Phone: Supports for Youth Impacted by Bullying

February 6, 2024

10:00-11:00am MST

This session will highlight resources that are available on the Kids Help Phone website to support youth impacted by bullying. We will also look closer at how Indigenous youth can connect with a counsellor or crisis responder 24 hours a day, 365 days a year.

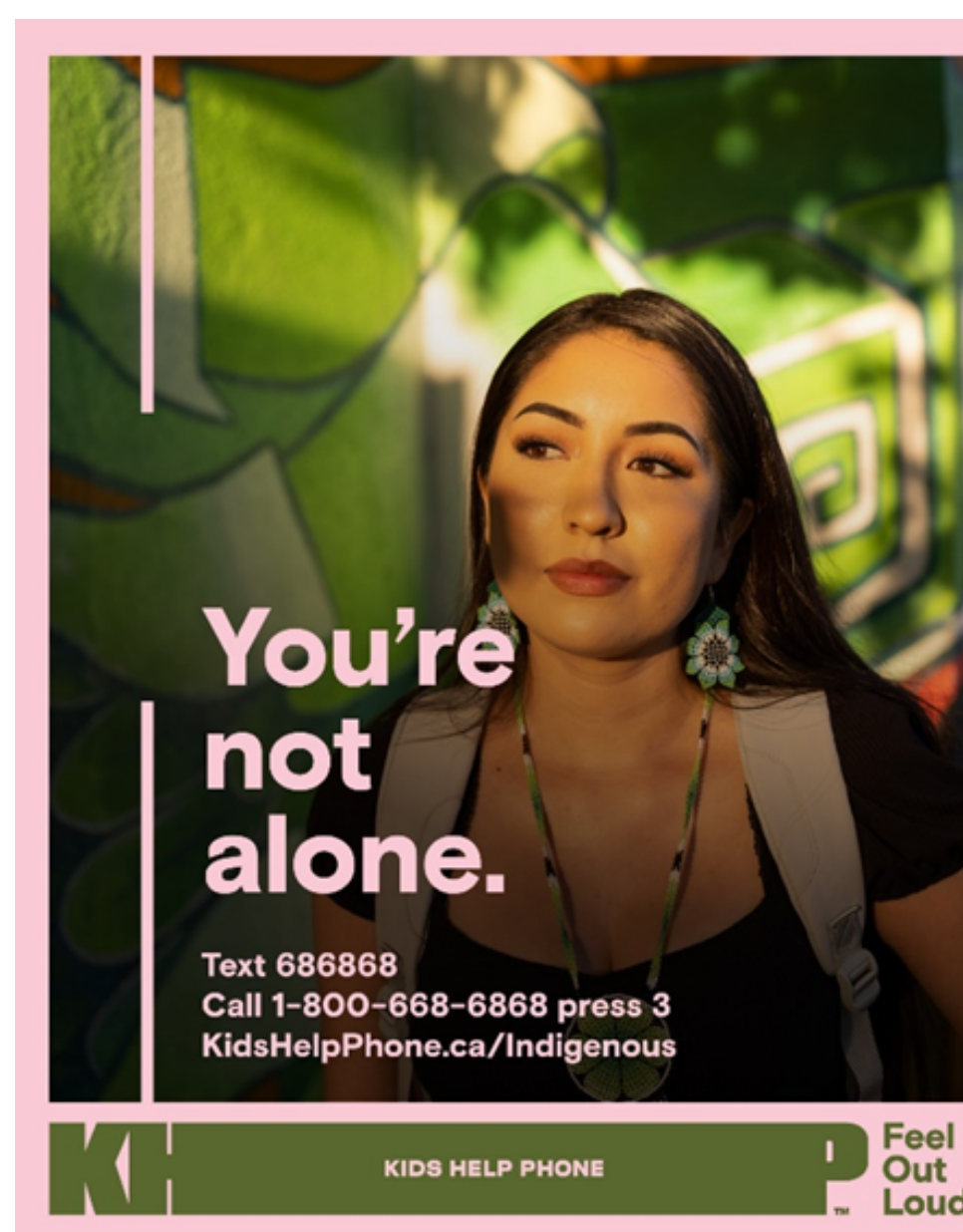


Learning Outcomes:

- Participants will learn how to access resources to combat bullying from the KHP website
- Participants will know how to access 24/7/365 mental health support
- Participants will leave with an understanding of the different programs and services available to Indigenous youth

Speakers:

Jasmyn Opikokew, B.A., B. Ed. Kids Help Phone, Indigenous Wellness Specialist. Before coming to Kids Help Phone, Jasmyn was a high school teacher and taught Indigenous students both on-reserve and in an urban setting. She is passionate about uplifting Indigenous youth and doing what she can to support the mental well-being of the next generation.



Target Audience:
Indigenous youth; caring adults; support persons who work with Indigenous youth

Please register for session at:
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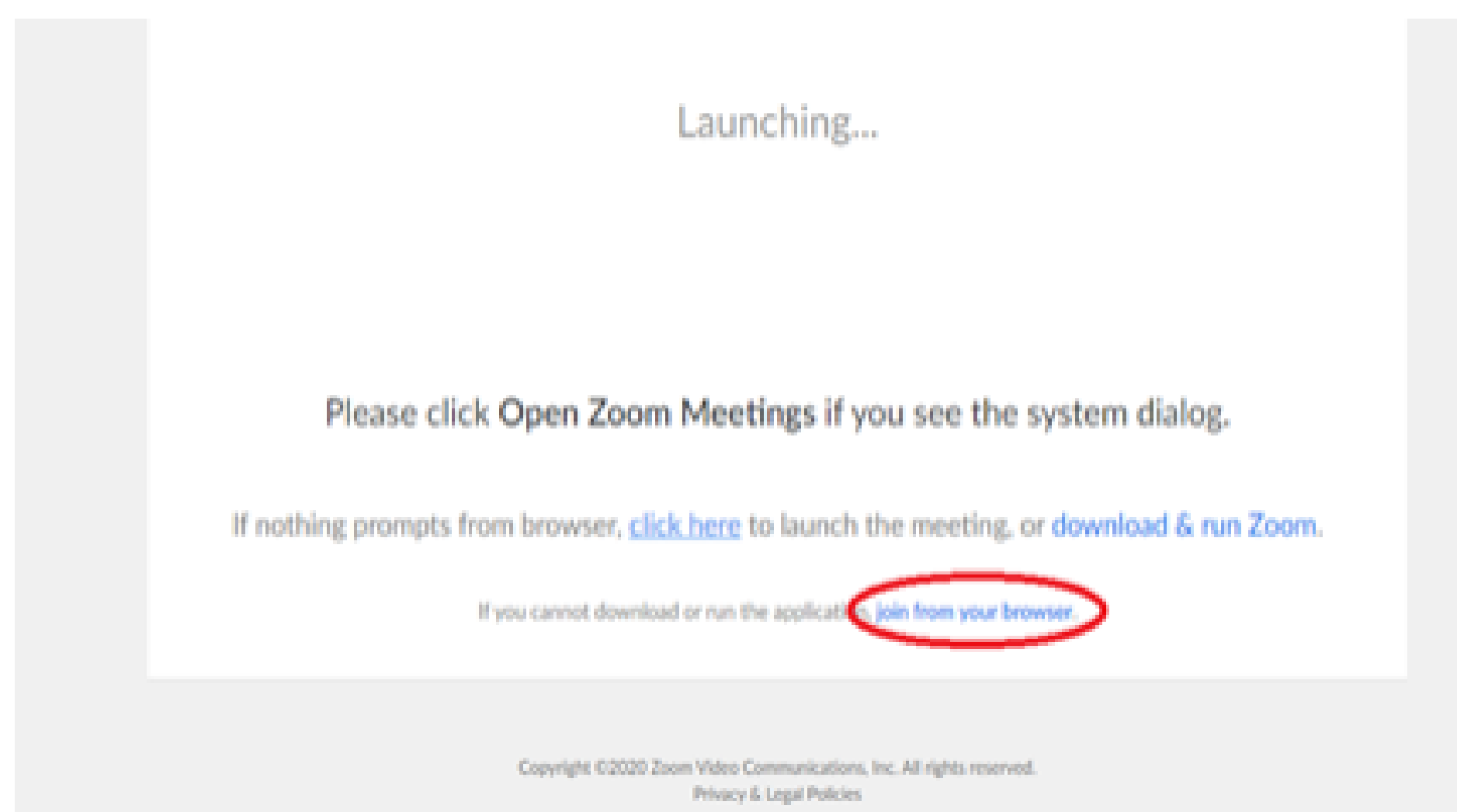
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