

# This Thing Called Grief: A Perspective on Supporting Children & Teens Who are Grieving

January 23, 2024

10:00-12:00am MST

A perspective on how parents, healers, helpers, and other adults can support Children & Teens who are grieving. An exploration of traditional and contemporary theories of grief, grief at different ages & stages, and practical considerations to creating brave spaces to grief.



## Learning Outcomes:

- Understanding your precious gifts in supporting Children & Teens who are grieving
- Approaches that invite grieving to happen
- Overview of grief's intersectionality with other life things happening
- Practical takeaways to support Children & Teens who are grieving

## Speakers:

Chantal Côté, Registered Psychologist, Founder of Pyramid Psychology- helping Teen Girls Build Unbreakable Mindsets, Collaborator with Children's Grief Centre, - In terms of experience working with first nations- I'm not too sure what is appropriate. I collaborate with First Nations families through NIHB in my practice. I have worked with first nations students and collaborated with first nations support staff through the CBE and in Cochrane when I worked at the Children's Grief Centre. I'm very much a learner and unlearner in this space.



Target Audience: Parents, healers, helpers, and other adults who are supporting Children & Teens who are grieving

Please register for session at:  
<https://fntn.ca/Home/Registration-VC?eid=20854>

To access this session from zoom:  
<https://fntn.zoom.us/j/84475473069>  
Meeting ID: 844 7547 3069  
Passcode: 199613

Please select "join meeting as an Attendee", once logged-in

To access this session from an audio line:  
1-587-328-1099  
Meeting ID: 844 7547 3069  
Passcode: 199613



First Nations  
Telehealth Network  
[WWW.FNTN.CA](http://WWW.FNTN.CA)  
1.888.999.3356  
[VCHELP@FNTN.CA](mailto:VCHELP@FNTN.CA)

## To join via internet browser

1. Please click the link below to join the webinar:  
<https://fntn.zoom.us/join>
2. Enter Meeting ID: 844 7547 3069
3. Passcode: 199613
4. Click the option "click here" ( See image below)

Launching...

Please click Open Zoom Meetings if you see the system dialog.

If nothing prompts from browser, [click here](#) to launch the meeting, or [download & run Zoom](#).

5. Another option will show up on the bottom, please click "join from your browser" (See image below)



6. You will now join the webinar, by default all attendees of the webinar are muted.

## To join Via Zoom apps:

1. Please click the link below to join the webinar:  
<https://fntn.zoom.us/join>
2. Enter Meeting ID: 844 7547 3069
3. Passcode: 199613
4. Choose "download and run Zoom"
5. An executable file will be download, please run the file
6. After the file has been installed, you will be ask to enter your "email" and your "name"
7. You will now join the webinar, by default all attendees of the webinar are muted.