

## FNIHB Resources

### [HealthyParentsHealthyChildren \(AHS\)](#)

- “*Healthy Parents, Healthy Children* is your place to go for current, reliable information based on today’s best knowledge, evidence and practices. Please use the information here for yourself and share it with your family and friends. This site contains general information. For specific questions, please ask your health care provider.”  
– *HealthyParentsHealthyChildren*

### [SEX & U – The Society of Obstetricians and Gynecologists of Canada](#)

- “Your trusted resource for sexual and reproductive health”  
– *Sex & U*

### [NWAC’s Culturally Safe Parent And Caregiver Starter Toolkit](#)

- “Talking to Youth About Gender, Sexual Orientation, Safe Sex, and Sexually Transmitted Blood-Born Infections”  
– *NWAC*

### [Teaching Sexual Health \(AHS\)](#)

- “Parents & Teachers: Be Proactive. Be Prepared.”  
– *teachingsexualhealth.ca*

### [Sexual and Reproductive Health – NWAC’s Culturally Safe and Trauma-Informed Knowledge Hub](#)

- “Here you will find information, resources, and more that relates to your sexual and reproductive health. Education is empowerment, and we hope we can help you to feel empowered to make the best decisions for your health.”  
– *NWAC*

### [Birth Control Methods – Health Canada, SIECCAN](#)

- “This information sheet is about preventing pregnancy and making choices about birth control when you are sexually active.”  
– *Health Canada & SIECCAN*

### [Combatting the rise in congenital syphilis: How service providers can support prevention, testing and treatment – CATIE: Canada’s source for HIV and hepatitis C information](#)

- “CATIE strengthens Canada’s response to HIV and hepatitis C by bridging research and practice. We connect healthcare and community-based service providers with the latest science, and promote good practices for prevention and treatment programs.”  
– *CATIE*

### [Syphilis Resource – CATIE: Canada’s source for HIV and hepatitis C information](#)

- “Syphilis has been on the rise in Canada, and around the world, for many years. Though it is preventable and curable, syphilis outbreaks continue across the country. The following list of resources [on their website page] can help frontline service providers learn more about syphilis.”  
– *CATIE*

### [Language Matters – Canadian Public Health Association](#)

- “Using respectful language in relation to sexual health, substance use, STBBIs and intersecting sources of stigma”  
– *Canadian Public Health Association*