

Registered Psychologist CEO of Indigenous Psychological Services

October 6, 2023

10:00-11:30am MST

Join us to learn about the impacts of trauma, and how the Medicine Wheel has the ability to support individuals struggling with trauma, as well as one's connection to trauma.



Learning Outcomes:

- People will learn about the impacts of trauma and how our Medicine wheel has the ability to support and heal through techniques
- The speaker researches the science about how the Medicine wheel has the key components that can help support regulation. It also applies the importance of holistic health.

Speakers:

Leigh Sheldon, Registered Psychologist, Swan River First Nations



Target Audience:
Individuals of Indigenous descent

Please register for session at:
<http://WWW.FNTN.CA>

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First Nations
Telehealth Network
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To join via internet browser

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4. Click the option "click here" (See image below)

Launching...

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