

Women's Health - Taking Authority of Your Health Journey

August 15, 2023

1:30pm-2:30pm MST

Join us and the Women's Health Coalition (www.TheWHC.ca) for a conversation about women's health in primary care, digital and telehealth solutions, and tools for self-management, self-care and self-advocacy. Navigating the health system is complicated, barriered, biased and inconsistent. The system is antiquated and change is difficult. Patient empowerment, self-care and choice need to be the cornerstone for driving change together. Join the conversation.

Learning Outcomes:

- Learn about resources that will inform and guide your gynecological health journey
- Be introduced to tools and resources that will promote self-advocacy and self-care
- Gain an understanding of the partners that are working together for system change

Speakers:

Carmen Wyton, Chair, Women's Health Coalition of Canada, and President, Ripple-Enterprises. Carmen has been working in the health sector for more than 25 years. Her work with The Arthritis Society, Juvenile Diabetes Foundation, Multiple Sclerosis Society, seniors and disability organizations, and in the private sector has kept her connected to the patient experience and driven a commitment to advocating for system change in health delivery. She is highly committed to building collaborative solutions with diverse partners. Carmen currently sits on the Alberta College of Pharmacy Council and the Executive of the Public Affairs Association of Canada (Alberta).

Loreen Wales, BSc, BA (major in psychology) Founder & CEO at My Viva Inc, WHC of Canada Director -Digital Health. Loreen has been working in healthcare for over 26 years in both tertiary and primary care. After witnessing the detrimental effects of poor health habits and diets, leading to preventable health problems, fueled her passion to build a practice that focused on prevention and built a digital health program to help empower people to take charge of their own mental, physical, and nutritional health. Loreen is a strong advocate for optimal patient care. Loreen is the current chair of the Health and Life Science committee for the Edmonton Chamber of Commerce. A fun fact, Loreen is the only Canadian female healthcare professional leading an international technology focused project with the Eureka Research and Development Cluster on software innovation with 7 countries involved.



Target Audience: Women of all ages, and the people who care about them. Healthcare providers that support women in their health journeys. And, health system influencers that engage in conversations for change.

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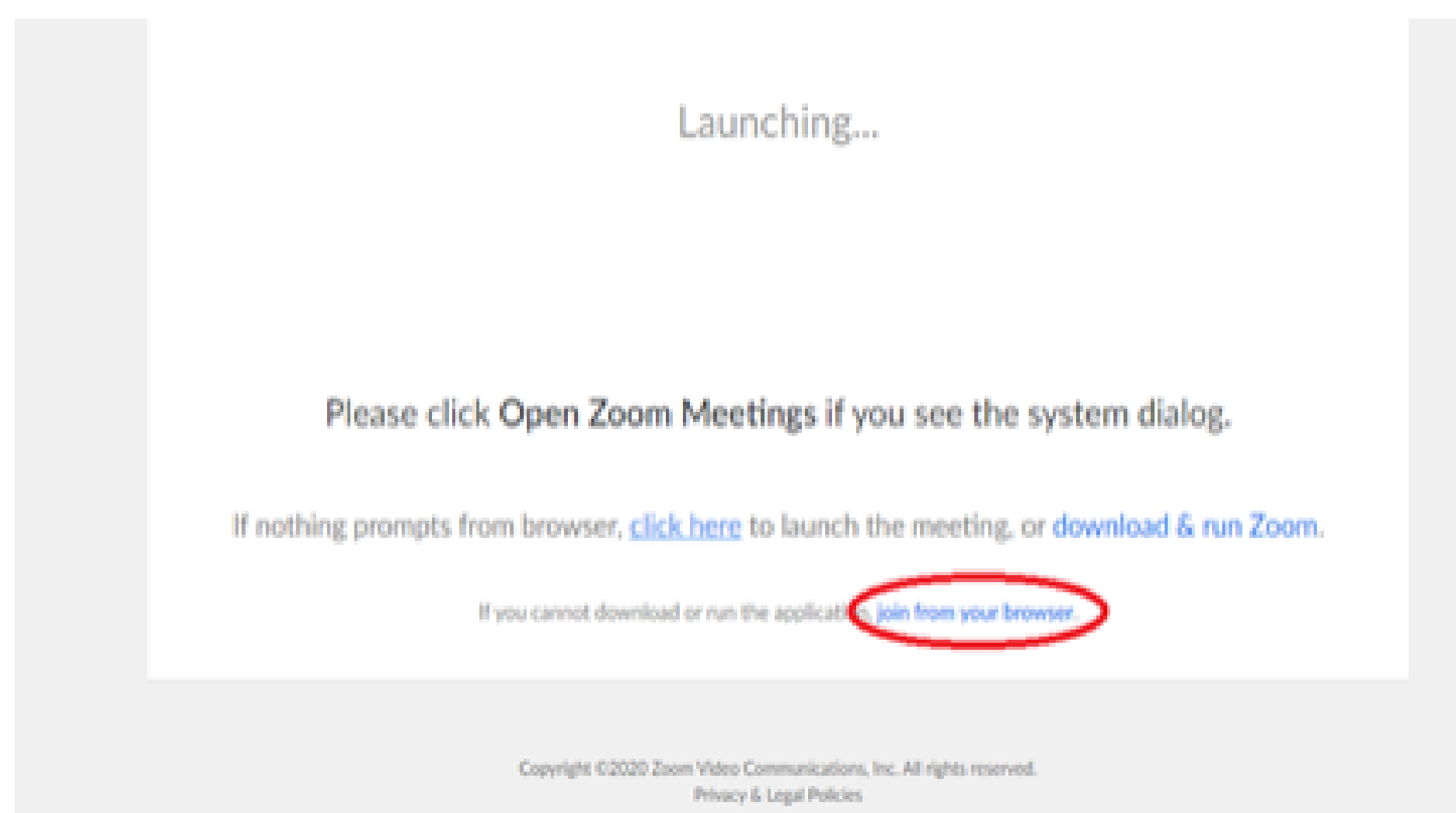
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