



# SEIZURE SECOND AID

FOR GENERALIZED NON-MOTOR AND FOCAL SEIZURES

## STAY

Stay with the individual until full awareness returns

Time the seizure

If >5 mins or back to back without a break, call 911

## SAFE

If they are wandering, keep them safe by gently directing them from harm

Move harmful objects out of the way

## SIDE

Stay with the person

Provide any missing information

Offer reassurance after the seizure

## REMEMBER

First aid for focal seizures and generalized non-motor seizures is typically not needed. Keep individuals experiencing these seizures safe and stay with them until they have recovered.



CONTACT US

☎ 403-230-2764

✉ EAC@epilepsycalgary.com

🌐 [www.epilepsycalgary.com](http://www.epilepsycalgary.com)