

# Eating Disorders and Disordered Eating: A Brief Overview

August 21, 2023

10:00-11:00

The Eating Disorder Support Network of Alberta will offer a brief overview of eating disorders and disordered eating. It will outline diagnostic criteria, the spectrum of disordered eating, language that helps and hinders, an overview of diet culture and so much more.

## Learning Outcomes:

- Participants will walk away with a better understanding of what eating disorders are, who can be affected and what supports are available in the province.



## Speakers:

**Angie Mellen**, Acting Executive Director, Eating Disorder Support Network of Alberta

**Ryan Turner**, Website and Programming Coordinator, Eating Disorder Support Network of Alberta

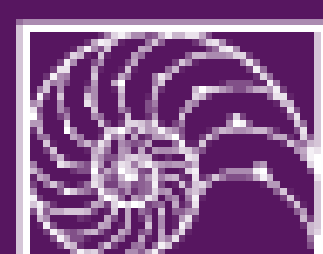


**Target Audience:** Anyone looking for more information regarding the nuances of eating disorders will benefit!

Please register for session at:  
<http://WWW.FNTN.CA>

To access this session from zoom:  
<https://fntn.zoom.us/join>  
Meeting ID: 892 2995 1764  
Passcode: 679483

To access this session from an audio line:  
1-587-328-1099  
Meeting ID: 892 2995 1764  
Passcode: 679483



Eating Disorder Support  
Network of Alberta

First Nations  
Telehealth Network  
[WWW.FNTN.CA](http://WWW.FNTN.CA)  
1.888.999.3356  
[VCHELP@FNTN.CA](mailto:VCHELP@FNTN.CA)



## To join via internet browser

1. Please click the link below to join the webinar:

<https://fntn.zoom.us/join>

2. Enter Meeting ID: 892 2995 1764

3. Passcode: 679483

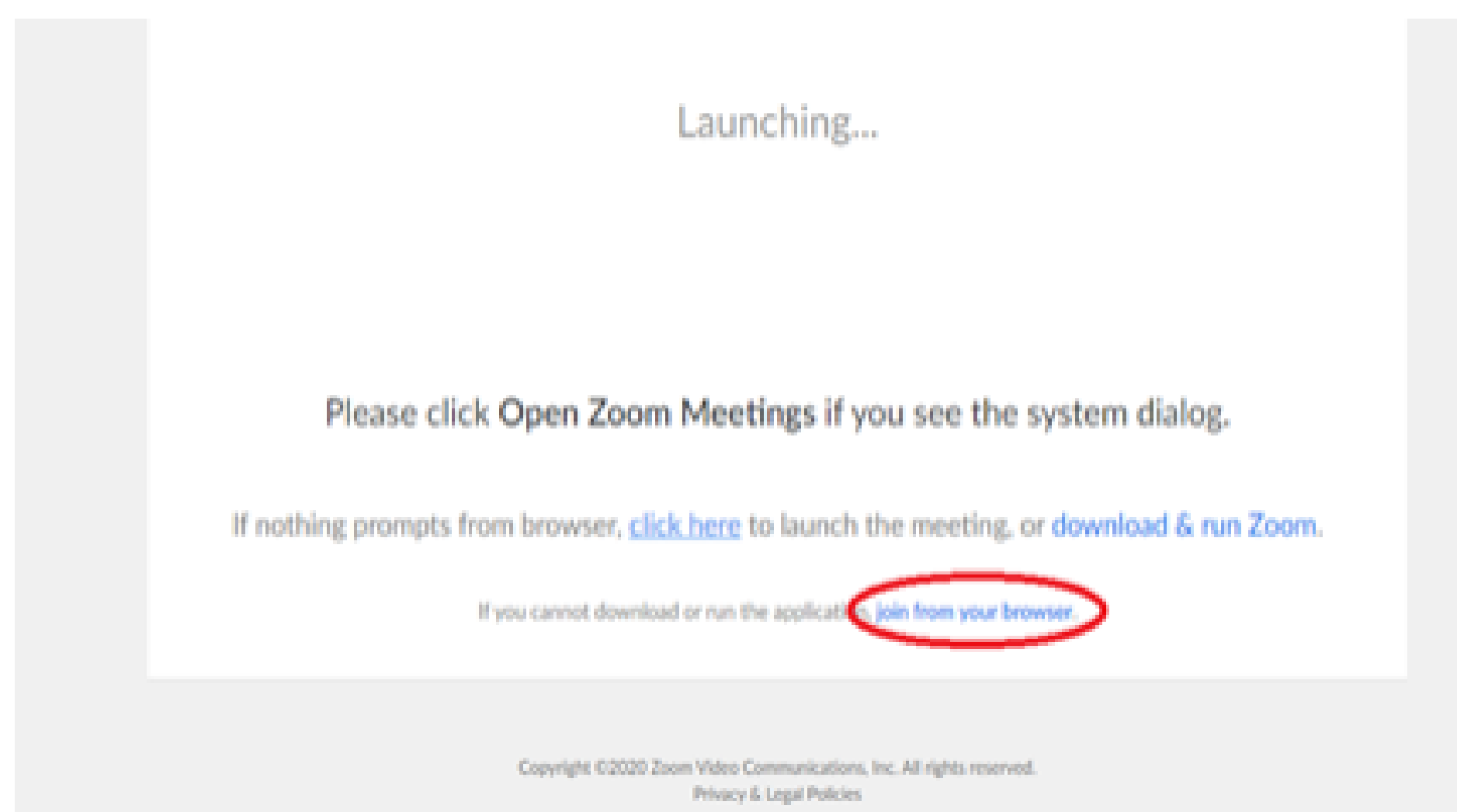
4. Click the option "click here" ( See image below)

Launching...

Please click Open Zoom Meetings if you see the system dialog.

If nothing prompts from browser, [click here](#) to launch the meeting, or [download & run Zoom](#).

5. Another option will show up on the bottom, please click "join from your browser" (See image below)



6. You will now join the webinar, by default all attendees of the webinar are muted.

## To join Via Zoom apps:

1. Please click the link below to join the webinar:

<https://fntn.zoom.us/join>

2. Enter Meeting ID: 892 2995 1764

3. Passcode: 679483

4. Choose "download and run Zoom"

5. An executable file will be download, please run the file

6. After the file has been installed, you will be ask to enter your "email" and your "name"

7. You will now join the webinar, by default all attendees of the webinar are muted.