

# Non-Insured Health Benefits Program Nutrition Policy Overview

March 1st, 2023

12:00-13:30

This session will provide dietitians and other health professionals with an understanding of types of coverage within a drug benefit plan, an introduction to the Non-Insured Health Benefits (NIHB) Program, an overview of the NIHB nutrition policy and the nutrition products included, and outline a step by step approach to recommending nutrition products covered by the Non-Insured Health Benefits Program.



## Objectives:

- To increase dietitian's and other health professional's awareness of the Non-Insured Health Benefits Program nutrition policy
- Gain an understanding of how to recommend nutrition products to support the care process of First Nations and Inuit clients of the Non-Insured Health Benefits Program.

## Speakers:

Renee Bowers, RDt. CDE, MAdEd, PhD, Senior Policy Advisor with the Non-Insured Health Benefits Program. Renee started her career working as a regional community dietitian in First Nations and Inuit communities located in northern Labrador providing a combination of clinical and community based services.

Throughout her career, she continues to support Indigenous Health through a combination of policy work and research focused on nutrition and/or diabetes.



**Target Audience:** This session is intended for Registered Dietitians or other health care professionals who are looking to better understand the Non-Insured Health Benefits Program nutrition policy.

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