

SET the Table for Success: Support Positive Mealtimes

April 18th, 2023

10:00-11:30

Do you work with Early Learning & Child Care?

Join AHS public health dietitians for a FREE and interactive online session!



Objectives:

- Explore the importance of mealtimes
- Share practical ideas to support positive mealtime experiences
- Make a plan for yourself or your program, based on what you see going well and what could be better
- Find online resources for your program and your families

Certificate of Attendance is available to attendees

Speakers:

Louise Seguin - Public Health Dietitian at AHS

Shelley Cooper - Public Health Dietitian at AHS

They are both passionate about promoting health in the early years and have worked with Early Learning and Child Care programs in their communities for many years.



Target Audience: Early Learning and Child Care

Please register for session at:
<http://WWW.FNTN.CA>

To access this session from zoom:
<https://fntn.zoom.us/join>
Meeting ID: 879 6720 4263
Passcode: 512921

To access this session from an audio line:
1-587-328-1099
Meeting ID: 879 6720 4263
Passcode: 512921



First Nations
Telehealth Network
WWW.FNTN.CA
1.888.999.3356
VCHELP@FNTN.CA

To join via internet browser

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4. Click the option "click here" (See image below)

Launching...

Please click Open Zoom Meetings if you see the system dialog.

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5. Another option will show up on the bottom, please click "join from your browser" (See image below)



6. You will now join the webinar, by default all attendees of the webinar are muted.

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5. An executable file will be download, please run the file
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