# SET the Table for Success: Support Positive Mealtimes

## April 18th, 2023 10:00-11:30

Do you work with Early Learning & Child Care? Join AHS public health dietitians for a FREE and interactive online session!





Target Audience: Early Learning and Child Care

Please register for session at: <u>http://WWW.FNTN.CA</u>



### **Objectives**:

- Explore the importance of mealtimes
- Share practical ideas to support positive mealtime experiences
- Make a plan for yourself or your program, based on what you see going well and what could be better
- Find online resources for your program and your families

Certificate of Attendance is available to attendees

#### **Speakers**:

Louise Seguin - Public Health Dietitian at AHS Shelley Cooper - Public Health Dietitian at AHS

They are both passionate about promoting health in the early years and have worked with Early Learning and Child Care programs in their communities for many years.



To access this session from zoom: <u>https://fntn.zoom.us/join</u> Meeting ID: 879 6720 4263 Passcode: 512921

To access this session from an audio line: 1-587-328-1099 Meeting ID: 879 6720 4263 Passcode: 512921

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First Nations Telehealth Network <u>WWW.FNTN.CA</u> 1.888.999.3356 <u>VCHELP@FNTN.CA</u>

#### To join via internet browser

1. Please click the link below to join the webinar: <u>https://fntn.zoom.us/join</u>

- 2. Enter Meeting ID: 879 6720 4263
- 3. Passcode: 512921
- 4. Click the option " click here" ( See image below)



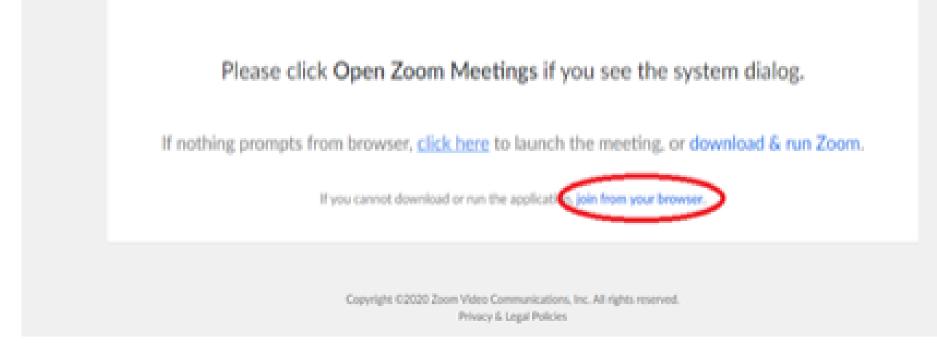
Please click Open Zoom Meetings if you see the system dialog.



5. Another option will show up on the bottom, please click "join from your browser" (See image below)



Launching...



6. You will now join the webinar, by default all attendees of the webinar are muted.

To join Via Zoom apps:

1. Please click the link below to join the webinar: <u>https://fntn.zoom.us/join</u>

- 2. Enter Meeting ID: 879 6720 4263
- 3. Passcode: 512921
- 4. Choose "download and run Zoom"
- 5. An executable file will be download, please run the file

6. After the file has been installed, you will be ask to enter your "email" and your "name"

7. You will now join the webinar, by default all attendees of the webinar are muted.